



# Canada's Spring Store

**1 GALLON VINCA**  
**\$5.97** **SALE**



Reg. \$8.99  
33-0758

**SAVE  
35%**

**1 GALLON**  
**HAKURO NISHISKI**  
**\$5.97** **SALE**



Reg. \$8.99  
33-0073

**SAVE  
35%**

**SEED GERANIUMS**  
**97¢** **SALE**



Reg. \$1.59  
33-3703

**SAVE  
57%**

**10 INCH**  
**BASKET BASKETS**  
**\$8.97** **SALE**



Reg. \$14.99  
33-3802

**SAVE  
40%**

**SELECT 1 GALLON PERENNIALS,**  
**DIGITALIS & HEUCHERA**  
**\$5.97** **SALE**



Reg. \$8.99  
33-4907

**SAVE  
35%**

**125CM CEDAR**  
**\$14.97** **SALE**



Reg. \$29.99  
33-7040

**SAVE  
50%**

Limited Quantities Available • Thursday, April 24<sup>th</sup> to Sunday, April 27<sup>th</sup>, 2014

GLENDALE AVE.  
ST. CATHARINES  
805-227-7481

WELLAND AVE.  
ST. CATHARINES  
805-888-0488

MCLEOD RD.  
NIAGARA FALLS  
805-358-0161

LOUTH ST.  
ST. CATHARINES  
805-682-0275

MONTROSE RD.  
NIAGARA FALLS  
805-354-3848

GARRISON RD.  
FORT ERIE  
805-871-1564

WEST SIDE DR.  
PORT COTOLINE  
805-835-1155

PRIMEWAY DRIVE  
WELLAND  
805-782-7501



# CANADIAN TIRE

## Canada's Spring Store

SCOTTS TURF BUILDER PRO LAWN FOOD, 1000 M2

**SAVE 18%**

Reg. \$36.99  
**SALE \$29.99**

#59-8888-2

SCOTTS TURF BUILDER PRO FALL LAWN FOOD 32-0-4

**SAVE 15%**

Reg. \$18.99  
**SALE \$15.99**

#59-2292-4

CIL GOLFGREEN BIO-WEED AND FEED, 9-KG

**SAVE 15%**

Reg. \$32.99  
**SALE \$27.99**

#59-2384-6

SCOTTS TURF BUILDER LAWN FERTILIZER WITH WEED PREVENT 10-4-0

Reg. \$34.99

#59-2350-6

CIL GOLFGREEN GOLD LAWN FERTILIZER 25-0-4, 6 KG

**SAVE 22%**

Reg. \$17.99  
**SALE \$13.99**

#59-2072-8

CIL GOLFGREEN GOLD LAWN FERTILIZER 25-0-6, 12 KG

**SAVE 21%**

Reg. \$32.99  
**SALE \$25.99**

#59-2073-6

CIL GOLFGREEN LAWN FERTILIZER 30-0-3, 25 KG

**SAVE**

Reg. \$49.99  
**SALE \$39.99**

#59-2074-4

CIL GOLF GREEN FERTILIZER, 6 KG

**SAVE 33%**

Reg. \$14.99  
**SALE \$9.99**

#59-8889-0

EARTHWAY ROTARY SPREADER

*EarthWay*

#60-3549-4  
Reg. \$44.99

SCOTTS TURF BUILDER DELUXE EDGE GUARD

**Scotts**

#60-3501-6

SCOTTS TURF BUILDER MINI EDGE GUARD

**Scotts**

#60-3506-6  
Reg. \$39.99

SCOTTS EASY HANDHELD

**Scotts**

#60-3520-0

GLENDALE AVE  
ST. CATHARINES  
905 227-7481

WELLAND AVE.  
ST. CATHARINES  
905 688-0488

MCLEOD RD.  
NIAGARA FALLS  
905 350-0181

LOUTH ST.  
ST. CATHARINES  
905 682-0275

MONTROSE RD.  
NIAGARA FALLS  
905 354-3849

GARRISON RD.  
FORT ERIE  
905 871-1564

WEST SHOE DR.  
PORT COLBORNE  
905 835-1155

PRIMEWAY DRIVE  
WELLAND  
905 732-7501

Thursday, April 24, 2014

**Miller's**  
www.millersauto.com  
Minimum \$250 paid for your  
complete retired vehicle  
Call today  
**905-871-4354**



## Scrambling for eggs

Armed with baskets, younger hunt for

**12**



## Plum Johnson

Author to share memoir  
during reading series

**25**



Peace Bright lit green to  
honouring Flaherty. See  
page 35.

**get it**  
**online**  
www.fortieretimes.ca



From left, firefighter Rob Foster helps Chris Greaves clean the Central Fire Station parking lot Saturday. About 20 volunteers spent the morning cleaning Sugarbowl Park and the surrounding area of garbage in honour of Earth Day, which was celebrated on Tuesday.

JOSEPH BURD Special to The Times

Residents  
inspired to  
pick up trash

**Sarah Ferguson**  
Fort Erie Times  
It's amazing what a few  
hours of hard work and a

handful of volunteers can  
do.

Stephen Passero was  
among the volunteers who  
woke up early Saturday  
morning to pick up trash at  
Sugarbowl Park in Fort Erie.

"It was a great day and it  
just goes to show you how  
much a difference 20 people  
and three hours of work can

make," he said.

The volunteers met at the  
park at 10 a.m. and worked  
until 12:30 p.m.

"I'd say we had 12 industri-  
al-size garbage bags full that  
we cleared away," Passero  
said.

"We pretty much cleaned  
up every square-inch of the  
park, including the pond."

The clean-up was orga-  
nized by Fort Erie resident  
Dan Harkins, who said he  
wanted to clean the park up  
in honour of Earth Day.

"I saw a Town ad in (a  
newspaper) that said it  
encourages people in the  
area to get a group of people  
together to do something for  
Earth Day," Harkins said.

"One of those things was to  
clean up a park."

Harkins said Sugarbowl  
Park is the biggest and most  
beautiful park in Fort Erie.

"It's also one of the most  
littered," he added.

See Page 2

**GREAT  
RATE to  
RENOVATE**  
Contact us  
TODAY!

**RENOVATE**

**FORT ERIE**  
CREDIT  
UNION  
fortiercu.com

201 Jarvis Street 905.871.1552 1201 Garrison Road 905.994.1201



1026M BURD Special to The Times

From left, Dan Harkins and Stephen Passero cleaned the pond at Sugarbowl Park on Saturday.

'We've got to do our part,' Harkins says

From Page 1

Facebook and I got some interest from a group of people," he said.

Wanting to make a difference, Harkins reached out to his friends, and spread awareness for the event through social media to encourage people to

"A lot of the people (who helped) are my friends, but I did post the event on

Park belongs to the community and everyone is responsible for its care.

!!!!

Passero expects much of the trash picked up in the park on Saturday wasn't intentionally left behind by park users.

"It didn't seem like we found a lot of (garbage) on the path. The majority of it likely had blown there from somewhere else."

Passero  
encourages the  
public to pick up  
any trash they  
find left behind.

JOIN US ON WEDNESDAY NIGHTS!!!!!!

### See Page 5

# DON'T MISS THE SUMMER BLOCKBUSTER!



**SUBSCRIBE TO 26 WEEKS OF  
DAILY HOME DELIVERY OF  
NIAGARA FALLS  
REVIEW  
FOR \$3.83 PER WEEK\***

DON'T DELAY - CALL NOW **1.855.533.5594** QUOTE: NIGHTOUT



The offer price of this product is \$99.75 inclusive. The offer is restricted to customers who have stated phone number in the last 12 months. This offer cannot be pre-paid or credit card or line of credit. Order this offer is not available in all delivery areas. The offer is valid for one year. Oneplex Global Escape Certificate will be mailed with a prepaid order or payment. Please allow 4-6 weeks for delivery of your Oneplex Global Escape Certificate. This offer is non-transferable. The Oneplex Global Escape Certificate is valid for one year. Oneplex Global Escape Certificate which is not available in your local newspaper office. We will not accept incomplete, late or illegible entries. All entries will be checked for accuracy. The Oneplex Global Escape Certificate will be issued to the person whose name is listed on the order. The name and delivery frequency of this product is pre-selected. Offer expires June 26, 2014 10:00 Eastern Time. Order LP or used under license.



Your Local  
Autopro DEALER



# NOW A FULL LINE TIRE DEALER

**BRIDGESTONE**



**BF Goodrich**

**TOYOTIRES**

**Hankook**



**\*OFFERING  
COMPLETE  
AUTOMOTIVE  
MAINTENANCE &  
REPAIRS TO ALL  
MAKES  
AND MODELS**

## INCLUDED IN ALL OUR PRICING

- ✓ Mounting and Balancing
- ✓ Valve Stem
- ✓ Nitrogen Inflation
- ✓ TPMS reset on most vehicles
- ✓ FREE lifetime rotation
- ✓ FREE lifetime balancing
- ✓ FREE flat repairs
- ✓ FREE alignment check (ONCE annually)

## MAINTENANCE SPECIAL

Includes\*

- ✓ Lube Oil & Filter
- ✓ 30 Point Inspection
- ✓ Tire Rotation
- ✓ Cooling System Inspection

**\*\$26.95**

**\* On Most Vehicles**

**One year 20,000km  
parts and labour warranty**



Jeff Damude, a long time resident of Fort Erie and past Vice President of Automotive Services with CAA and Director of Club owned Repair with AAA along with his thirty years of automotive expertise is excited to introduce you to Performance Plus Car Care Centre, our new full service maintenance and repair facility located at 475 Central Avenue in Fort Erie. Our mission is to deliver value to automotive maintenance and repairs while maintaining high quality standards.

## OFFERING COMPLETE AUTOMOTIVE MAINTENANCE AND REPAIR SERVICES TO ALL MAKES AND MODELS

- ✓ State of the art diagnostic equipment
- ✓ State of the art alignment equipment
- ✓ Nitrogen tire Service
- ✓ Safety Inspections
- ✓ Tire Sales
- ✓ Master certified technicians
- ✓ Customer waiting area offering TV and internet cafe
- ✓ Vehicle detailing services

Call us today to make your service appointment!  
Business Hours: Mon - Fri 7:30 am - 5:30 pm,

Saturday 7:30 am - 12 pm

(Closed Saturdays May Through September)

**289.320.8179**

[www.performancepluscarcare.ca](http://www.performancepluscarcare.ca)

# Lawns & More INC.



**NOW OPEN**

STORE HOURS:  
MON-SAT  
8:00AM-5:00PM

**TIKI FURNITURE  
COMING SOON**  
Lawns and More Inc. is pleased to  
announce that TikiYourWorld  
Products are coming soon.  
**STAY TUNED FOR OUR  
NEW SHOWROOM.**

# For all your landscaping needs

Design • Construction  
Maintenance • Sales



Professional Approved Member



Landscape Ontario



- BULK SOIL, MULCH AND STONE
- SAME DAY DELIVERY AVAILABLE
- CUSTOM ORDERS AVAILABLE

**HEAD OFFICE: 905-894-8054**  
**SALES OFFICE: 905-894-8000**

**[www.lawnsandmore.ca](http://www.lawnsandmore.ca)**

**3977 Garrison Road  
(formerly Hasselman  
Garden Centre)  
in Ridgeway**

**TASTE  
TALKS!!!**

# Prime Cuts

Prime Cuts offers Canada  
AAA Beef, Corn Fed Beef  
and Certified Angus Beef

## ORDER YOUR SUMMER BBQ PACKS!

Includes:

- 10 - 10 oz. NEW YORK STRIPS
- 12 - 8 oz. STEAK BURGERS
- 4 lbs. TOP SIRLOIN STEAK
- 6 lbs. BBQ ROASTS
- 6 - 8 oz. MARINATED PORK STEAKS (Honey Garlic, Lemon Buttered or Buffalo Style)
- 5 lbs. PORK LOIN CHOPS
- 4 lbs. EUROPEAN STYLE LONDON BROILS
- 4 lbs. PRIME CUTS SAUSAGES (Mild, Medium, Hot - Your Choice!)
- 12 - 8z. SEMI-BONELESS CHICKEN BREASTS
- 3 lbs. JUMBO HOT DOGS (All Beef or Regular)

Only **\$288**

CUT FROM CANADIAN  
BLACK "ANGUS" BEEF  
INCREDIBLY TENDER  
BONE IN  
RIB EYE STEAKS

SAVE \$4.00/lb  
**\$9.99/lb**

PRIME CUTS  
FAMOUS MARINATED  
CHICKEN  
K BOBS

SAVE \$1.00/lb  
**\$5.99/lb**

PRIME CUTS  
SPECIALTY  
JALAPENO  
AND  
CHEDDAR  
SAUSAGES

SAVE \$2.00/lb  
**\$4.49/lb**

GREAT ON THE BBQ  
EUROPEAN  
STYLE  
LONDON  
BROILS

SAVE \$1.25/lb  
**\$4.75/lb**

FRESH CHEDDAR  
ONION  
AND  
BACON  
BURGERS

SAVE \$1.00/lb  
**\$4.99/lb**

FRESH  
CHICKEN  
SAUSAGES WITH  
SPINACH AND  
FETA CHEESE

SAVE \$1.00/lb  
**\$4.99/lb**



JOSEPH BURD Special to The Times

Bethany Hoffman was one of about 20 volunteers who helped to clean Sugarbowl Park on Saturday.

**Volunteers needed  
to clean Bridgeburg  
and Ridgeway**

From Page 2

bags will be provided.

"If people have a favourite pair of gloves, they are asked to bring them along with them, since our energy and enthusiasm," Passero said.

The Ridgeway Business Improvement Area Association is also hosting a clean-up on Friday. Volunteers are asked to meet at the Village Square at 9 a.m. to 1 p.m.

"We have refreshments and a barbecue for all volunteers who want to come out," Passero said.

Volunteers are asked to meet at the Bridgeburg Business Improvement Association on Jarvis St. Brooms, rakes and garbage bags.

Volunteers must bring their own gloves, brooms, dust pans and garbage bags.

sarah.ferguson@sunmedia.ca

*Deli**Meals in Minutes*

SALENTO MILD PROVOLONE  
CHEESE  
SAVE \$1.00  
**\$11.99/lb**

7 GRAIN SALAD  
SAVE \$1.00  
**\$5.99/lb**

BLACK FOREST HAM  
SAVE \$1.00  
**\$6.49/lb**

PRIME CUTS STORE MADE  
CHICKEN STIR FRY WITH RICE  
SAVE \$1.00  
**\$5.69/lb**

STORE COOKED SMALL TURKEY  
PIES  
SAVE \$1.00  
**\$3.99/lb**

PRIME CUTS STORE COOKED  
PULLED PORK  
SAVE \$1.00  
**\$5.69/lb**

310 Garrison Road • Fort Erie  
Phone **905-871-9582**

Sale Dates:  
Thursday, April 24th to  
Wednesday, April 30th

OPEN: Mon.-Thurs. 9am-6pm,  
Fri. & Sat. 8:30am-6pm, Sun. 9am-5pm  
[www.primecutsdeliandmeats.com](http://www.primecutsdeliandmeats.com)

# opinion page

## Fort Erie Times

[www.forterietimes.ca](http://www.forterietimes.ca)

450 Garrison Road • Unit 1 Fort Erie, Ontario L2A 1N2 • 905-871-3100 • Fax 905-871-5243

**SARAH FERGUSON**, Editor 905-871-3100 ext. 207  
 sarah.ferguson@summamedia.ca

**MYRA ROBERTSON**, Sales Manager 905-871-3100 ext. 202  
 myra.robertson@summamedia.ca

**MIKE CRESSMAN**, Publisher  
 michael.cressman@summamedia.ca



### letters to the editor

## Annual gala is a success

Dear Editor,

When guests of this year's Black, White and Read Gala, on April 12, were greeted by cannon fire and the sights and sounds of an 1812 skirmish centered around the pond and gazebo at the leasureplex, they sensed they were in for an incredible evening.

I know that the expectations were set high for this bi-annual affair.

Our attendees have come to expect a night of spectacular ambience, amazing food and entertainment, and a few surprises, and I think we delivered. It was a stellar

evening from start to finish.

The proceeds from the night support the Adult Literacy Council, which is an organization that provides one-on-one tutoring to help adults overcome the obstacle of illiteracy.

ALC Board chairman Kay Green knows it wouldn't be possible without wide spread commitment of the event and of the organization. She has said to me that the ALC is so grateful for the generosity and support of our community. The support of the community is what makes the ALC possible and keeps the ALC's doors open.

The night is significant to the sustainability of the ALC as the funds raised from the gala represent a significant portion of the organization's operational budget for two years. Those funds are used

to train tutors and volunteers and keep programs running within the community.

I am honoured and privileged to have led the gala once again but it takes a lot of people to make the gala happen.

The time, talent and commitment displayed by an army of volunteers before, during and after the event is inspiring.

Amazing things can happen when people pull together for a common goal.

Stephen Passero  
 Adult Literacy Council board member



## Do You Remember?

Our thanks to Frank Kubena and an anonymous caller who phoned in about last week's photo taken at St. Paul's Anglican Church.

Archdeacon William Burr is on the left and Bishop Lewis Broughall, the Bishop of Niagara is on the right.

We think the photo dates to the 1950s.

We also heard from Ron Hill all the way from Texas about the photo of the golfers.

Always great to hear from former Fort Erieans who still keep in touch with their hometown.

This week's photo of a basketball team in action has 'Al Spear, referee' on the back. Were you one of the players?

Please give us a call and tell us what you remember about this photo at 905-894-5322 or e-mail [museum@forterie.ca](mailto:museum@forterie.ca).



STEPHEN PASSERO Special to The Times

The Black, White and Read Gala, which was held on April 12, raised funds for the Adult Literacy Council, which provides one-on-one tutoring to assist adults in overcoming illiteracy.

# opinion page

## Library patrons can enjoy new hours, poetry and pizza in April

Beginning this Monday, April 28, the Fort Erie Public Library offers a new schedule of service at our Crystal Ridge and Stevensville branches.

Patrons will be able to use the Crystal Ridge branch on Mondays from 10 a.m. to 9 p.m., and on Fridays between 1 p.m. and 9 p.m.

The Stevensville branch will be open on Mondays from 10:30 a.m. to 3 p.m.

Hours at the Centennial branch remain unchanged. Hours for all branches are posted on our website, [www.fepl.ca](http://www.fepl.ca).

Philomena starring Dame Judi Dench and Steve



**Amy Roebuck**  
Fort Erie Public Library

Coogan, will be screened this evening at 6:30 p.m. at the Centennial branch. Based on the book by BBC journalist Martin Sixsmith, Philomena tells the true

story of an older woman who, as an unmarried Irish teenager in the 1950s had to give up her young son.

Decades later, Philomena Lee and Sixsmith journeyed from Ireland to the United States and back searching for Lee's son.

Nominated for four Oscars and a Golden Globe, this is a 'don't miss' movie.

Philomena will encore on Tuesday afternoon, April 29, at the Crystal Ridge branch.

Teens have their choice of two activities and two locations today at the library.

A teen lounge, with snacks, videogames, music and

more will be at the Centennial branch starting after school, and knitting help is available at the Crystal Ridge branch beginning at 6:30 p.m.

On Saturday, April 26, young readers may visit the Centennial branch between 2 p.m. and 3:30 p.m. to read to the Therapy Tails dogs.

Any youth who need a bit of reading practice, or children who may be timid around dogs are welcome to stop by.

Research shows that kids of all ages benefit from reading out loud, and the Therapy Tails dogs are the best listeners.

Calling all poets!

Poetry writers of all ages, please plan to join us on Wednesday, April 30 at the Centennial branch to celebrate Poetry Month with an open reading.

Bring your work, bring your enthusiasm; come ready to share and to listen.

There are no entry fees and no fees just poems and poetry, pizza, prizes will be available from 6:30 p.m. and readings will begin about 7 p.m. with an introduction by local poets Elizabeth Glenny and Ron Prickett.

Those who plan to read a poem, should bring along a clean copy, as we will be collecting them and publishing a booklet of the poems read. Poetry and Pizza is open to all poets ages 13 and up.

Hey, kids, there is still room in the NHL 14 Xbox tournament which begins at 10:15 a.m. on Saturday, May 3 at the Centennial branch.

Grab a friend, choose a team and register now so you don't miss the fun. There is no charge to register or to play.

**Amy Roebuck** is the Community Services Coordinator at the Fort Erie Public Library.

## A red fox has been spotted in Marcy Woods

Daughter Allison Kells saw it last week scampering across the Lower Trail in Marcy Woods.

It was a red fox. No camera shot it, it moved too fast.

One of the great sights I have enjoyed was on the Upper Trail in the Woods. In the vale below to our right was a vixen red fox and her two little kits.

We stopped and watched as they played and frolicked. A great sight. Now here in 2014, Red foxes are seen out on frozen Lake Erie. A strange sight.

The red fox (Vulpes vulpes) is the largest member of true foxes; it inhabits a range that includes most of North America.

How many have you seen in Greater Fort Erie in recent years?

The red fox has a long



**Earl Plato**

body with relatively short legs. Its long tail measures more than half its body length. It has a long narrow head with a narrow snout.

They have long canine teeth. Their ears are quite large and they stand straight up. We are told compared to dogs of the same size they weigh much less. Not a big animal.

Red foxes have relatively

long, dense fur that is very soft and silky. Remember the ladies who had wraps with the fox head as part of it. It was a sign of wealth at the time.

When I grew up, I was told these foxes are intelligent animals. Their sight is great and they have a well-honed hearing. Like most of our animals they mark their territory with urine. They are social animals that live in family groups that share their joint territories.

In recent years, the foxes I saw were mangy. Not this year. The photo featured in my column this week, shows a healthy specimen.

Note: Brother Ed and I, as we drive the country side see vast open farm fields. No hedgerows or fences any more. Red foxes after mating and raising their young liked to travel in open spaces.

Danger arises such as coyotes showing up.

Where do they seek shelter?

I believe the coyotes win out.

I returned to Marcy Woods two weeks after first seeing the three red foxes. They were gone or wiped out by coyotes. They had moved on.

A red fox's diet is varied but mainly mice and voles. They will eat waterfowl and perching birds. We are told that they may supplement their diet with vegetables, plants and fruit.

An intelligent animal that normally travels to avoid humans. If a fox is not acting normally, avoid and report it to authorities.

Historical note: As Patrol Leader in the 3rd Fort Erie Boy Scouts I chose the Fox as our patrol symbol. The



**ROYAL GREER** Special to The Times

**A red fox.**

late family friend, Bert Miller, recommended the fox to me. I was going to choose the owl. I listened to Bert. Red fox it would be.

Be curious in nature.

**Earl Plato** is an author and a Fort Erie resident.



**GLENNY INSURANCE**

**WE'RE HERE FOR YOU**  
BUSINESS, HOME & AUTO INSURANCE

glenny.ca • 905-871-0700 • 177 Niagara Blvd., Fort Erie



Your Best Insurance  
Is an Insurance Broker

# COMMISSO'S FRESH FOODS



Maple Leaf Prime Air Chilled  
Chicken Thighs or  
Chicken Drumsticks  
Family Pack

**1.99**  
4.39kg



Bi Colour  
Corn on the Cob  
Product of USA

**1.99**  
4 pack



Mastro  
Extra Virgin  
Olive Oil  
**3.99**  
1L



Fresh Ontario Pork  
Boneless Centre Cut  
Pork Loin Chops  
or Roast  
Family Pack

**2.99**  
6.59kg



Black Angus  
NY Strip Loin  
Grilling Steaks  
Family Pack  
**8.99**  
19.81kg



Andy Boy  
Romaine  
Hearts  
Product of USA  
**1.99**  
each



Rio Mare  
Tuna in Oil  
**3.99**  
3x80g



Can Fresh  
CANADA AAA BEEF  
Commisso's Store Made  
Fresh or Frozen  
100% Beef Patties  
or BBQ Style  
Beef Burgers



D'Italiano  
Sausage &  
Crustini Buns  
**1.99**  
6/8 pack



Black Diamond  
Cheese Slices  
Assorted Varieties  
**2/5**  
500g



Fresh Large Size  
Hot House  
Tomatoes  
Product of Ontario  
**.99**  
2.18kg



Maple Leaf  
Ready Crisp  
Bacon Slices  
**3.99**  
65g



Want to see even more savings?  
Visit [CommissosFreshFoods.com](http://CommissosFreshFoods.com)  
and click on the flyer icon to  
see all of our weekly specials!

Sale prices in effect Friday April 25 through Thursday May 1, 2014

FRI 25	SAT 26	SUN 27	MON 28	TUE 29	WED 30	THU 1
-----------	-----------	-----------	-----------	-----------	-----------	----------

6161 Thorold Stone Rd., Niagara Falls, ON  
Mon-Fri 7am-9pm • Sat 7am-8pm • Sun 8am to 7pm

## Kitchen fire causes smoke damage to Crystal Beach business

Residents extinguished a small kitchen fire at Palmwood Waterfront Eatery and Patio Bar in Crystal Beach early in the morning on Friday, April 18.

The Fort Erie Fire Department responded to a call for a fire at 3823 Terrace Ln. at 2:30 a.m., said

fire Chief Larry Coplen. "The fire was basically out when we got there. The tenants staying there put it out."

The building received a "fair amount" of smoke damage due to the fire, which was caused by an oil-covered rag, Coplen said.

## The Monsters of Schlock perform at Sanctuary Centre for the Arts

The Monsters of Schlock are set to perform at the Sanctuary Centre for the Arts on Saturday.

The band has performed in theatres, carnivals, festivals and colleges around the world. They have been featured in Ripley's Believe It Or Not compendium, and have multiple

Guinness World Records. The show will begin at 8 p.m. Tickets are \$20 per person and can be purchased online at [www.ticketscene.ca](http://www.ticketscene.ca).

For more information about The Monsters of Schlock, visit the band's website at [www.monstersofschlock.com](http://www.monstersofschlock.com).

## LOW COST AUTO INSURANCE

Payment Plan Available

Compare Rates With Local Services

Sample Premium



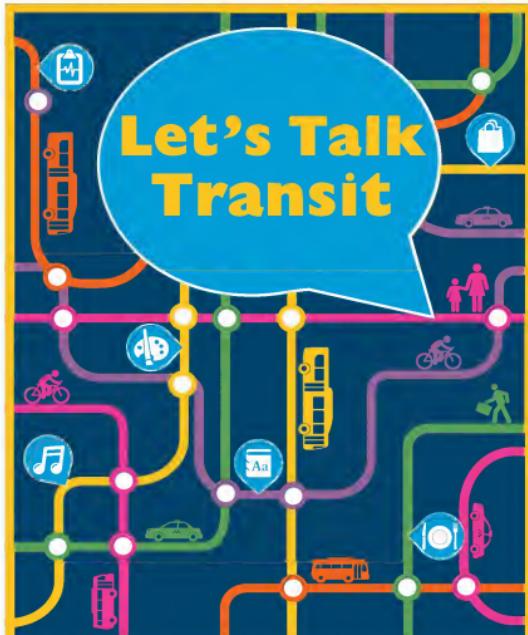
Female, Married, Age 30 2013 Ford Fusion SE 4DR	\$108. mthly premium
Male, Married, Age 35 2010 Chevrolet Truck/Van Equinox, 4 Dr.	\$104. mthly premium

**Total Monthly Premium for all:  
\$212. per mth**

All subject to underwriting terms & conditions, group eligibility, liability limits, accident/benefits, loss of use, claim history, example premium based on comprehensive coverage, auto coverage subject to age & claim record, group discounts, and other factors. Premiums shown are subject to change based on results of underwriting. Underwritten by NIAGARA INSURANCE.

 **SAVE WITH**  
**YOUNGS**  
INSURANCE BROKERS INC.  
[youngsinsurance@borders.ca](mailto:youngsinsurance@borders.ca)  
[@youngsinsurance](http://youngsinsurance.ca)

**CALL**  
**905-871-6201**  
[info@youngsinsurance.ca](mailto:info@youngsinsurance.ca)  
[www.youngsinsurance.ca](http://youngsinsurance.ca)



**Tell us what you think about the  
future of public transit  
between Niagara communities.**

Visit [www.niagararegion.ca/survey](http://www.niagararegion.ca/survey) to participate in the survey and be eligible to win a gift card from a local retailer in your area.

**Niagara Region**

# THE TOWN OF FORT ERIE

1 Municipal Centre Drive, Fort Erie, ON, L2A 2S6

(905) 871-1600 • Fax (905) 871-4022 • [www.forterie.on.ca](http://www.forterie.on.ca)

EMERGENCY TELEPHONE INFORMATION 905-871-1600

RADIO EMERGENCY INFORMATION 91.7 FM - 105.7 FM - 610 AM



Our Focus: Your Future

## TENDER: 2014 FLEET REQUIREMENTS NEW 2013 OR 2014

RFT # ISO-14T-U05014

FULL-SIZE CARGO VAN, 6 CYLINDER, AUTOMATIC,

2 WHEEL DRIVE

FULL-SIZE REGULAR CAB LONG BOX, PICK-UP

TRUCK, 8 CYLINDER, AUTOMATIC, 4 WHEEL DRIVE

FULL-SIZE REGULAR CAB LONG BOX, PICK-UP

TRUCK, 8 CYLINDER, AUTOMATIC, 4 WHEEL DRIVE

SINGLE AXLE CAB AND CHASSIS

SINGLE AXLE DUMP CAB AND CHASSIS,

COMPLETE WITH SANDER AND DUMP TRUCK,

ONE-WAY SNOW PLOW, LEVELLING WING AND

HYDRAULIC CONTROLS

Sealed submissions addressed to Carolyn Kett will be received by the Customer Service Unit (CSU) at 1 Municipal Centre Drive, Fort Erie ON until

2:00 P.M. local time on: **THURSDAY MAY 1, 2014**

Tender documents may be obtained commencing Thursday April 10, 2014, at The J.L. Gibson Operations Centre, 1818 Pettit Rd, Fort Erie ON.

Please note that all Town of Fort Erie's formal competitive bid opportunities are posted on the Town's Bidding Landing Page at [www.bidding.com/forterie](http://www.bidding.com/forterie)

The Corporation of the Town of Fort Erie reserves the right to reject any or all tenders and the lowest or any tender will not necessarily be accepted.

Infrastructure Services  
Operations Division

## Please Stoop & Scoop!

Don't make your dog's "business" our business. Dog waste is hazardous.

It is a health hazard:

Leaving your dog's waste in areas where children play exposes kids to parasites such as roundworms, as well as bacterial infections. Dog waste can also transmit diseases to other people's pets.

It is an environmental hazard:

No matter where you live, spring run-off or heavy rainstorms dilute dog waste and wash it into streams and storm sewers. Water from storm sewers generally flows untreated into our river and lake. At these times, dog waste contributes to the environment's bacterial content, polluting beaches and waterways, and degrading the natural environment for fish, wildlife and people.



### Did you know?:

By leaving your dog's business behind on private or public property, you could be subject to a \$500 fine! By-Law No. 165-2006 states that this is illegal and if you get "caught in the act" you will be ticketed.

Find out more:

- On our website at [www.forterie.on.ca](http://www.forterie.on.ca)
- Call us at 905-871-1600 for more information

## INFRASTRUCTURE SERVICES SPRING STREET SWEEPING

The post-winter cleanup of sand will begin on Town streets as of April 28, 2014 and will continue until the second week of May. The street sweeping operation will consist of mechanical sweepers and water trucks where required, accompanied by Town staff.

Curbed streets within the Town of Fort Erie will be swept.

This sweeping will be conducted in daytime hours with the exception of business districts as detailed below. If you see the sweeping operation in your area, please remove vehicles parked on the roadway. Caregivers and school staff are asked to ensure that children stay clear of this operation.

Business districts will be swept in the early morning hours during this time period. People are asked to refrain from overnight parking on curbed streets in these business areas during this time.

Prior to the sweepers coming through (where sand is still visible on the roadway), property owners are encouraged to sweep sidewalks and driveways onto the road.

For further information, please contact the Operations Division at 905-871-1600, Ext. 2466.

### \*\* TAX NOTICE \*\*

#### TOWN OF FORT ERIE

#### 2014 INTERIM TAXES

#### FOR ALL PROPERTY CLASSES

**SECOND INSTALLMENT DUE WEDNESDAY, APRIL 30, 2014**

For further information regarding payment of taxes, please refer to the back of your tax bill.

**2014 interim tax bills were mailed on February 7, 2014**

Office Hours: 8:30 a.m. – 5:00 p.m.

Monday through Friday

Monthly payment plans by pre-authorized bank withdrawal are available for accounts with past due taxes and current year taxes. For information contact:

Town of Fort Erie at (905) 871-1600

Gillian Corney  
Manager of Revenue & Collections

# THE TOWN OF FORT ERIE

1 Municipal Centre Drive, Fort Erie, ON, L2A 2S6

(905) 871-1600 • Fax (905) 871-4022 • [www.forterie.on.ca](http://www.forterie.on.ca)

EMERGENCY TELEPHONE INFORMATION 905-871-1600

RADIO EMERGENCY INFORMATION 91.7 FM - 105.7 FM - 610 AM



Our Focus: Your Future

## EMPLOYMENT OPPORTUNITY COMPETITION NO. 09-2014 BUILDING/PLUMBING INSPECTOR

Reporting to the Chief Building Official, you will perform plans examination, inspection, enforcement and advisory services in accordance with the Building Code Act, municipal by-laws and other related legislation. At a minimum, you have a three year college diploma in Construction Engineering Technology or related field plus Ministry of Municipal Affairs and Housing qualifications in General Legal/Process, Small Buildings and Plumbing—House. For more information, go to [www.town.forterie.on.ca](http://www.town.forterie.on.ca) under Town Hall, then click on Employment Opportunities. The deadline is 12:00 Noon on Wednesday, May 7, 2014.

## EMPLOYMENT OPPORTUNITY COMPETITION NO. 10-2014 CHIEF BUILDING OFFICIAL

As a key member of our Community and Development Services team, you will manage/administer and continuously improve building processes, in accordance with the Building Code Act and related codes/standards and manage municipal law enforcement activities. Among other things, this includes interpreting/applying/enforcing building and fire codes; examining building plans; issuing permits; performing inspections; calculating and collecting development charges and; preparing work plans, schedules, budgets and reports. For more information, go to [www.town.forterie.on.ca](http://www.town.forterie.on.ca) under Town Hall, then click on Employment Opportunities. The deadline is 12:00 Noon on Friday, April 25, 2014.

## REQUEST FOR TENDER ASPHALT PATCHING – TOWN WIDE FOR 2014 SEASON CONTRACT NO. ISO-14T-ASPHPA

This work includes the application of HL3 HS and HL8 HS, base repairs and asphalt milling, sidewalk and curb repair, etc., on designated roadways, parks, parking lots and other properties or agencies within the limits of the Town of Fort Erie.

Sealed tenders addressed to Carolyn J. Kett, Town Clerk will be received by the Customer Service Unit (CSU) at 1 Municipal Centre Drive, Fort Erie, Ontario until

2:00 p.m. LOCAL TIME on: FRIDAY MAY 2<sup>nd</sup>, 2014

All formal competitive bid opportunities are posted at [www.biddingpro.com/forterie](http://www.biddingpro.com/forterie) and effective April 17<sup>th</sup> tender documents can either be purchased from the Town Hall, Infrastructure Services upon payment of twenty-eight dollars and twenty-five cents (\$28.25) or viewed at the Niagara Construction Association Offices located at 34 Scott Street, St. Catharines, Ontario.

The Corporation reserves the right to reject any and all tenders and the lowest or any tender will not necessarily be accepted.

**INFRASTRUCTURE SERVICES**

## NOTICE OF PUBLIC MEETING PROPOSED NEW SIGN BY-LAW

DATE: MONDAY, MAY 5th, 2014  
TIME: 6:00 PM  
LOCATION: COUNCIL CHAMBERS  
TOWN HALL  
1 MUNICIPAL CENTRE DRIVE, FORT ERIE

### WHY A NEW SIGN BY-LAW?

The Town of Fort Erie has initiated a comprehensive review of its current Sign By-law (49-99) to update it to current standards and requirements for the erection and display of advertising devices including signs.

### WHAT ARE THE CHANGES ADDRESSING?

The proposed By-law includes general updates intended to provide clarity and also addresses the following:

- Improved alignment with the Regional Sign By-Law
- Changes for regulation of electronic, billboard, projecting, sidewalk, portable and election signs
- Delegation of minor variances to the by-law, to the Director of Community & Development Services, and provision for appeal to Council
- Additional and improved definitions

### TO PROVIDE YOUR CONCERN'S / SUPPORT

Council has not made a decision on approval of this proposed By-law.

If you would like to comment on the proposed Sign By-law, you are requested to attend and speak at the scheduled Public Meeting. Alternatively, you may also provide your comments in writing. Written submissions may be made on or before May 5th, 2014, to the attention of the Town Clerk, by email to 1 Municipal Centre Drive, Fort Erie, or by Facsimile at 905-871-4022, or by email at [clerk@town.forterie.on.ca](mailto:clerk@town.forterie.on.ca).

### MORE INFORMATION

A draft copy of the proposed Sign By-law can be downloaded (PDF) for review from the Town's website. You can access the document by looking under "Announcements" on the Town's Main Page.

For questions on the proposed Sign By-law, contact:

Robert Romanku, CBO  
Chief Building Official  
Community and Development Services Department,  
Town Hall, 1 Municipal Centre Drive,  
Fort Erie, Ontario L2A 2S6  
905-871-1600 ext. 2515  
[romanku@town.forterie.on.ca](mailto:romanku@town.forterie.on.ca)

### LEGAL

Sections 8, 11(1) and 99 of the Municipal Act, 2001 provide Council of the Town of Fort Erie with the authority to pass By-laws respecting advertising devices including signs.

Dated this 24th day of April, 2014

Carolyn Kett,  
Town Clerk  
Services

Richard Brady, M.A. MCIP, RPP  
Director, Community and Development

# Youngsters hunt for treats from the Easter Bunny



PHOTOS BY SARAH FERGUSON Fort Erie Times

Last weekend, hundreds of children filled their baskets with Easter eggs at egg hunts held in Greater Fort Erie. (Top left) Kenley Vail, 15 months, and her grandmother, Heidi Vail, visit the Easter Bunny at the Stevensville Kinsmen and Kinnettes annual Easter egg hunt on Friday in Stevensville. (Top right) Also in Stevensville, one-year-old Sofie Rouleau and Benjamin Hayes, 18 months, filled their baskets with chocolate at the Stevensville Garden Gallery and (Bottom right) Christopher Sweeney was one of three children to find a golden egg at the Stevensville Garden Gallery.

## Bringing Families Closer With Workshops That Work!

### IT'S THE THOUGHT THAT COUNTS!

A Cognitive Behaviour Therapy (CBT) Group for Teen Girls  
6 WEEK INTERACTIVE PROGRAM  
(week 6 is a Parent Support Meeting)

with Sherry Campbell M.A. RSW OACCPP Psychotherapist  
Starting Thursday, May 1st and continuing every  
Thursday with the last session on June 5th.  
4pm-5:30pm

\$295+HST (visa, mastercard, debit, cash & cheque accepted)

\*Includes all materials, workbooks, snacks

\*All new program for those who attended before  
this will be the next chapter in your journey!



SHERRY CAMPBELL GROUP  
For every problem there is a solution!

[www.SherryCampbellGroup.com](http://www.SherryCampbellGroup.com)

### UNDERSTANDING YOUR TEEN



The teen years can be a tumultuous time not only for the teenager but the parents as well.

- Are you wondering who this person is that you used to know?
- Is communicating with your child like trying to understand a foreign language?
- Do you feel frustrated one minute and overwhelmingly concerned the next?

Ask the tough questions and get the real answers.  
Get the tools, feel supported, leave EMPOWERED!  
THURSDAY MAY 15<sup>th</sup> 6PM-730PM \$50+HST

Register today! 905.894.3084 [mail@sherrycampbellgroup.com](mailto:mail@sherrycampbellgroup.com)

# Walk to find a cure for Multiple sclerosis

**Sarah Ferguson**  
Fort Erie Times

Multiple sclerosis is an unpredictable disease that affects a person's central nervous system.

MS is a complex disease that can cause cognitive impairment, depression, fatigue and difficulty walking.

That's why organizers Phil Gorchynski and Linda Ferri continue to host the annual Walk For MS, which begins at Scutlebunt's Tap and Eatery in Stevensville at 11 a.m. on Sunday, May 4.

Participants are asked to arrive at 10:30 a.m. to register for the event.

"Last year, we had about 80

walkers," Gorchynski said.

This year is the fifth anniversary since Gorchynski and Ferri began the walk in Stevensville. Several of the Scutlebunt restaurant's regular patrons are diagnosed with the disease, which was one of the reasons for starting the walk, Gorchynski said.

"We did it because just about everyone knows someone who has been diagnosed with the disease."

Gorchynski hopes to see many people come to support the walk, which starts and ends at the restaurant.

"The walk is about 10 km and it takes about two and a half hours. We leave the res-

taurant and go through a subdivision," Gorchynski said.

Last year's event raised about \$7,000. Gorchynski said he isn't surprised that a small group of walkers raise so much for MS research.

"We continue to grow each year, adding about 10 or 15 people to the walk," Gorchynski said.

There is no minimum donation to participate and everyone is welcome to attend.

A free barbecue for the participants will be held after the walk.

For more information about registration call 905-382-4000. [sarah.ferguson@sunmedia.ca](mailto:sarah.ferguson@sunmedia.ca)



Place your ads for all your upcoming events with us  
905-871-3100 x 202

## 2014 FORT ERIE RACE TRACK FARMERS MARKET

Every Sunday Starting June 1<sup>st</sup>

Interested Vendors Please call  
905-871-3200 x 3204 or e-mail - [femedia@forterieracetrack.ca](mailto:femedia@forterieracetrack.ca)



## Spruce Up! Clean Up!

Saturday, April 26 ~ 9am - 1pm  
Celebrating Earth Day



**Sponsored by the Historic Bridgeburg Business Improvement Association & Businesses**

Attar Metals will be donating two bins to collect your metal recyclables ONLY (no garbage). Located in the municipal parking lot behind the Royal Town Diner. All proceeds to go to COPE and Head Injury Association of Fort Erie (HIAFE)

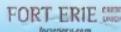
Fort Erie Credit Union will provide refreshments and exciting FECU giveaways!

All volunteers are to meet at the Jarvis Street BIA office (23 Jarvis Street) between 8:45 and 9:45 on the 26th.

For more information call 905-329-2124 or email [historicbridgeburg.bia@gmail.com](mailto:historicbridgeburg.bia@gmail.com)

Attar Metals will be accepting the following items:

• Electronics	• Copiers	• Equalizers / amplifiers	• Projectors	• Freezers
• Desktop computers	• Scanners	• Radios	• Household batteries	• Washers
• Portable computers	• Typewriters	• Receivers	• Aluminum cans	• Dryers
• Computer peripherals	• Telephones	• Speakers	• Vacuums and other small appliances	• Stoves
• Televisions	• Cell phones	• (may be a wood deduction)	• Old pots and pans	• Toasters
• Monitors	• PDAs and pagers	• Turners	• Cutlery	• Blenders
• Printing devices	• Audio and video players	• Turntables	• Fridges	• Metal picture frames
• Modems	• Cameras			• Anything with metal



# NIAGARA AUCTION SAVE UP TO 50%

BRAND NEW AUCTION WEBSITE

- over \$500,000!  
WORTH OF PRODUCTS TO BID ON!
- over 500 items!  
ALL STARTING AT 50% OFF!

auction starts at  
auction ends at

9:00am  
Friday, April 25  
9:00pm  
Monday, April 28

## AUCTION RETURNS FRIDAY

[niagaraauction.sunmedia.ca](http://niagaraauction.sunmedia.ca)

Safe and secure bidding.  
HST is charged on all items excluding fixed dollar gift certificates.



The Standard



THE TRIBUNE



NIAGARA FALLS

REVIEW

Brought to you by

# Sold

## how to participate

### ► Bidding is safe, easy & fun!

The Sun Media Niagara SOLD Auction is run through our store online at [www.sunmedi auction.com](http://www.sunmedi auction.com), and items can be bid on just like any typical auction site.

### ► How does it work?

There are over 500 items available for purchase on the Auction, and all items work the same way. The winning bid is always the smallest amount needed to beat all the other bids, so you may pay less than you bid, but remember this: (For example, if bid \$100 and you are outbid, you can re-bid at any time. Note: The Auction ends on Monday April 28, items will close on a staggered basis, so if you are bidding on things you do not have to juggle them).

### ► Are these all new items?

YES! All items in Sun Media Niagara Sold Auction (as specified), and come with applicable warranty item direct from a retailer. The selling prices reflect the actual retail prices of their respect

### ► Where and when does the auction happen?

Sun Media Niagara Sold Auction begins Friday April 25, 2014 at 9:00 pm. The Auction is run and is subject to all rules and regulations available at 9:00 pm on Monday April 28, the sale will end it expiration time.

### ► Who is eligible to participate?

The bidding is open to anyone 18 years of age or over. Err businesses may bid, but not on items that are provided by companies. You must provide a valid credit card at time of registration.

### ► Does my bid include tax?

NO. Successful bidders will be responsible for all applicable taxes on the items they purchase. The taxes will be collected for all items applicable. There will be no gst charged on true Gift Certificates.



# AUCTION EXTENDED

### ► What is the reserve bid?

The reserve bid is the lowest amount that can be bid for an item and still win the item. All items have a reserve bid of 50% of the Retail Value. Bids under the reserve amount will not be accepted.

### ► Smart Bid

Smart Bid is a convenient proxy bidding system on SunMediaAuctions.com. Each time you place a bid by entering your maximum bid amount (which is the most you're willing to pay for an item), you will be using our Smart Bid bidding system. SmartBid will then bid automatically on your behalf in increments of 10% of the current bid until your maximum bid is reached. That's all there is to it! The pattern continues until another bidder bids your maximum bid, or until you win the auction. You will be notified by e-mail each time your maximum bid has been surpassed by another bidder, you have been outbid, or you have won the auction. You will be able to return to the site to place a higher maximum bid to win an item at the lowest successful price. To do so, remember that the bidder who placed the highest maximum bid at auction close, bidder, earlier bids will take precedence.

### ► If I'm the winning bidder?

Your payment will be automatically processed on the day of the auction. If the amount of your purchase exceeds \$10,000.00 you will be required to provide a valid credit card to the St. Catharines Standard in person with an acceptable form of identification. Once your payment has been processed you will be required to provide a valid gift certificate to the St. Catharines Standard in person with the participating vendor to pick up your item or your certificate along with picture identification. Friday March 25 to do this. If you have purchased an item and do not have a gift certificate, you will be required to provide a valid gift certificate to the vendor to pick up. You will be required to provide a valid gift certificate to the vendor to pick up after May 1, 2014.

### ► What are my remedies?

All products purchased from Sun Media Niagara Sold auction carry the same warranty and representation as if purchased directly from the participating vendor. The Calgary Sun takes no responsibility for warranty on any or all of these items. Any concerns with product performance and/or warranty should be directed to the participating vendor, they will be happy to remedy any situation.

► for more information on the products available, visit [www.niagarauction.sunmedia.ca](http://www.niagarauction.sunmedia.ca) or [www.stcatharinesstandard.ca](http://www.stcatharinesstandard.ca), click on Niagara Auction



► Auction listings available for viewing & bidding starting at 9:00am Friday, April 25, 2014

ALL TIMES INDICATED ARE EASTERN STANDARD TIME

# Sold

for less!



Show her you care  
with a spa wish.....

## GIFT CARDS

Beautiful Gifts available in  
our Bath & Body Shop



660 Garrison Rd, FE 905-871-4141 theatriumpspa.com



### CONTEST DETAILS:

- 1 Drop off your photo at the Fort Erie Times, 450 Garrison Rd, Fort Erie Ontario L2A 1N2, or Email to myra.robertson@sunmedia.ca. Be sure to include your name, your mom's name and a contact phone number. Entries must be received by May 2nd at 5pm.
- 2 By submitting your photo you are authorizing Sun media to publish your photo in the Fort Erie Times and through their online editions.
- 3 By submitting the photos you are confirming that you have the consent of all subjects of the photos you submit for publishing as per rule #2.
- 4 The top 5 entries as determined by our judges will be entered to win a gift packing from The Atrium Spa valued at \$150.00
- 5 All photos must be submitted by 5pm May 2nd to qualify.
- 6 Employees of Sun Media and their families are not eligible to enter the contest.
- 7 All entries become the property of Sun Media and Sun Media retains the rights to the related entries.

**MOTHER'S DAY  
ONLY - MAY 11TH  
MOM PLAY'S  
FOR 1/2 PRICE**

 Call for  
more information  
& Sign up  
**905-991-8883**  
1640 Garrison Road Fort Erie

**NOW OPEN** GIFT CERTIFICATES AVAILABLE

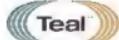


**Reveal**  
the New You...  
Trust your face to an Expert.

...rediscover

...enhance

...define yourself



PATRICIA TEAL

Cosmetic Laser and Aesthetics

call us today!

**Gift Certificates Available**

View our website for our monthly promotional

[www.tealcosmeticclasse.com](http://www.tealcosmeticclasse.com)

238 Bertie Street

**905.871.6738**



Winners  
will be  
published  
May 8<sup>th</sup>

## Fort Erie Shopping Times The Fort Erie Times

### BRIDGEBURG SPA & MY SALON

relax here with us ...

- Registered Massage Therapy
- Pedicures & Manicures
- Bio Sculpture & OPI Gel
- Hair Removal
- Fully Equipped Hair Salon

### GIFT CERTIFICATES AVAILABLE

### ONE STOP FOR ALL YOUR BEAUTY NEEDS

109 Niagara Blvd., Fort Erie

905-871-3471 and 905-871-1236

Hours: Tues.- Fri. 9am-7pm, Sat. 9am-4pm



**Don't Forget!**  
Also Located here...  
a Tat of Class  
and  
Essentially Bare



Your All Season Garden Centre

**NOW OPEN**

**SPRING HOURS**

MON - SAT 9AM - 5PM

2594 Dominion Rd.  
905-894-8466

[www.themillridgeway.com](http://www.themillridgeway.com)

 Find us on  
Facebook

Growing  
Fort Erie one  
garden at a time!

• Mixed spring planters  
from \$15

• Potted Bulbs  
and so much more...

Gift Certificates  
and Garden Décor  
Available!



**Tulip Tree Floral**  
332 Ridge Rd., Ridgeway  
905-894-2446  
[www.tuliptreefloral.ca](http://www.tuliptreefloral.ca)



**Ridgeway  
WELLNESS CENTRE**  
355 Ridge Rd., Ridgeway  
905-894-1551  
[www.ridgewaywellnesscentre.com](http://www.ridgewaywellnesscentre.com)

**Mother's Day  
Made Easy!**

We have the perfect package to pamper Mom!

#### Package #1

"Everything Rosy Gift Bouquet" from Tulip Tree Floral plus a treatment from Ridgeway Wellness Centre\*

#### Package #2

"Garden-in-a-Basket" from Tulip Tree Floral plus a treatment from Ridgeway Wellness Centre\*

#### Package #3

"Every Day Rosy Gift bouquet" and "Garden-in-a-Basket" from Tulip Tree Floral plus a treatment from Ridgeway Wellness Centre\*

\* Treatments include your choice of 1 hour massage, Reflexology Treatment or 3 ion Detox Treatments

To view above arrangements plus other beautiful floral choices offered at Tulip Tree Floral visit:  
[www.tuliptreefloral.ca](http://www.tuliptreefloral.ca) or call 905-894-2446

For further information on above treatments plus other services offered at Ridgeway Wellness Centre visit:  
[www.ridgewaywellnesscentre.com](http://www.ridgewaywellnesscentre.com) or call 905-894-1551



For Mom

**PLACE YOUR ORDER'S EARLY – CALL 905-894-2446**



EST 1933

A Stanley Thompson Design

Contact Rob Dunn for membership,  
league & tournament information

95 Crooks St., Fort Erie  
905-871-0921

**TUESDAY MORNING  
LADIES**  
League Registration  
Coffee & Muffins  
**MAY 6<sup>TH</sup> at  
8:00AM**

**WEDNESDAY LADIES**  
League Registration  
Wine & Cheese  
**MAY 7<sup>TH</sup> at  
6:30PM**  
Everyone Welcome  
Bring a Friend Day!

**SPRING GOLF &  
RIDE SPECIAL**  
Call for details  
**NEW MENU**  
and Beer Cart on  
League Nights

# **SIGN UP for a TBM Credit card**

**Till April 30<sup>th</sup>**



and receive  
**10% off**  
your purchase

(min \$349.99)

A close-up of a hand holding a blue card. The card features the text 'Show both cards Earn MORE' in large red letters, followed by 'You can do anything anytime with the TIMBER MART Card.' in smaller white text. Below that is the URL 'timbermart.ca/credit-card' in white, and 'Apply today! www.doidgetimbrmarts.ca' in red. In the bottom right corner of the card, there is a logo with the words 'Buy' and 'DO' stacked vertically.

Look for us on Facebook 



## Fort Erie Timber Mart

## **584 Garrison, Fort Erie, ON**

905-871-3648 • [www.forterietimbermart.ca](http://www.forterietimbermart.ca)

***Here for all your building needs***

**Store Hours: Monday - Friday 7:00am - 5:30pm | Saturday 8am - 5pm | Sunday 9am - 3pm**



# Ask The Expert

Visit our professionals and see how they can help you!

## Ask a Lawyer

**Q** My father, a pensioner, the dole line etc., was offered a job with no written agreement to sign an agreement to which he did not agree. His initial question was, but was given incorrect information (that there was no down-side to him). I looked at the agreement he signed, and in the fine print he has to pay a penalty to this new company if he sells his house within 10 years. I also found out that he will also have a cancellation fee to his current hot water tank provider because he is switching the tank. Is there some way to get him out of the agreement? Thank you.

**A** The good news is in Ontario, under the Consumer Protection Act, you can cancel the contract for any reason within 1 days of receiving a written copy of your agreement. Write and send a letter of cancellation to the company immediately. Send it by fax, email or registered mail to confirm the time you sent it, and keep a copy of your letter. This law is for all contracts signed in your home. If not contacted, the company has 15 days to return your money. Furthermore, if the contract is for a product, the company is responsible for picking up the product or giving it to the police as it does not fit.



**Bev  
Hodgson  
LAW**

905-354-1600

GAST DISTRICT OFFICE, 101 Niagara Falls

EMAIL: [bevh@bevhodgson.com](mailto:bevh@bevhodgson.com)

## ASK THE HAIR STYLIST

**Q** How do I prepare for my first color visit?

**A** Come with clean dry hair. If the hair is dirty the color may not take as well, colors are much more gentle now than they used to be. Bring lots of photos if you have an exact idea of what you want your hair to look like. If the stylist says it will try your hair, listen. Remember your hair has limits—it doesn't have nine lives! Big color changes should be made every 4-6 months and color touch ups can be every 6-8 weeks. If you want a different color change every 6-8 weeks, your hair will become damaged and less likely to take the color properly. Count on the products we use on you. There is no wash and wear hair-do without product, use what we use.



**Jaclyn Rhodes  
Seville**  
located at 1485 Garrison Road • Fort Erie  
**SALON 905-871-8671**  
**CELL 905-246-2743**

**Ask The Expert**  
**Spot Could Be Yours,**  
**Call us Today,**  
**905-871-3100 x**  
**202, 205, or 206**



## Ask a Fireplace Expert

**Q** How often should I have my Chimney swept?

**A** Woodburning chimneys should be swept & inspected at least once a year by a certified W.E.T.T technician.

We have 2 certified technicians on staff.

**CALL TODAY TO BOOK YOUR CHIMNEY SWEEP**



**STAMFORD** **Home hardware**

3639 Portage Road, Niagara Falls, Ontario

**356-2922**

STORE HOURS  
MON. - FRI. 8:45 - 5:00 P.M.  
SAT. 8:45 - 4:00 P.M.



**Q** I travel a lot, but would still like to prepay my funeral, is this wise?

**A** Yes, indeed. Prepaid funeral money is safe, and in most cases if the funeral home where the arrangements are on file is unable to assist at the time of need, the estate will receive a refund.

**Maria Reid**  
Funeral Director  
Williams Funeral Services



## ASK THE EXPERT

**Q** What government assistance is available for starting a new business?

**A** The Ontario Small Business Development Program (OSBD) provides entrepreneurial skills development support to individuals who are starting their own business or transitioning their business plan and become self-employed. It is a great opportunity for entrepreneurs considering starting a small business. OSBD also provides a range of other support jobs for themselves through self-employment, by providing Income Support, Business Plan Development, and Mentoring. The OSBD also provides a range of services including an established claim for Employment Insurance benefits (E.I.), or a claim within the past 3 years; or a maternity or paternity

claim within the past 2 years; and a self-employed claim.

The Business Success & Loan Centre, Fort Erie (BSL) has been offering this program to successful applicants living in the Greater Fort Erie area since 1993.

For more information contact:

**Business Success & Loan  
Centre Fort Erie**  
45 Jarvis Street, Fort Erie, ON  
905-871-7331 • [www.bsflt.com](http://www.bsflt.com)



**Check out these  
Experts for the  
Best in Advice.  
Call one of them  
Today**

## Ask The Accountant

**Q** Do I have to report horse-racing activity on my tax return? If I own a race horse? More importantly, will I still have live horse racing in Fort Erie, second to never your question, and so depending on the circumstances, The Income Tax Act considers race-horse maintenance a business. If you are a race horse owner, you are under one of the following categories 1. Hobby Farmer 2. Recreational Farmer 3. Full-time Farmer 4. Professional Farmer.

Hobby: If the activity is undertaken as a profit or for personal enjoyment the losses would not be deductible. Recreational: If these racing activities are granted in a business. No income, is in your tax return of course, any losses incurred are limited to the lesser of the actual loss or 25.250 (one half of the lesser 30.00), or a maximum of 17.500 (effective for years ending after March 21, 2013). TIP: Opt out with your spouse as a partner and deduct as the allowable losses.

Full-time Farmer: If business is conducted as a business, it is treated the same as any other business.

Always consult an accountant experienced in the race-horse industry if considering ownership.

**Chartered  
Accountants  
crawford  
smith &  
swallow**  
76 Jarvis Street,  
Fort Erie, Ontario  
905-871-2810  
ken@crawfords.com



**Kenneth D. Lachryszynski  
CPA, CIA, CFE**

# Put the spring season into full drive

(NC)—The dark days are over, and the trials and tribulations of winter driving are behind us. Gone are the icy and slushy roads and long mornings of driveway shoveling, replaced by warmer weather and smoother conditions for your morning commute.

To keep your car going, you need to keep your tires rolling. Here are a few things to help you transition safely from winter to spring.

Remove your winter tires. While winter tires are crucial to improve tread on treacherous winter roads, when the ice melts, continued use on dry roads can wear the tires down and reduce their useful lifespan.

Ensure that the all-season tires you're replacing them with are properly inflated and have good tread depth. Tires deflate over time, so it's important not to assume that last summer's wheels are still at full capacity. The ice may be gone, but road conditions remain unpredictable and well-inflated tires will help prepare you for the unexpected.

And take a look at those winter tires - do they have another year or two left in the tank? If so, clean and dry them before storing and make sure that any salt or residue is removed to prevent further wear and tear. Store them in a cool, dry place away from sunlight.

If your winter tires have reached the end of the road, make proper disposal part of your spring cleaning. Through the province's Used Tires Program, run by Ontario Tire Stewardship, you can get rid of up to four used tires free of charge through a registered collector. These tires are then recycled and made into products such as playground surfaces, car parts, patio tiles, mousepads and more. More information can be found online at [www.ontario.ca](http://www.ontario.ca).

**Findleyson Tire** AUTOMOTIVE SERVICE CENTRE  
Total Car Care...



**SPRING  
MAINTENANCE  
SPECIAL**

Includes: Oil, Lube & Filter • 30 Point Inspection • Brakes • Tires • Tires • Wheel Alignment • Check • Tire & Wheel Recommendations

**\$29.95**  
\*Call center for full details

**WE DO IT ALL**

**PROFESSIONAL  
BRAKE SERVICE**

• Inspect • Repair • Rebuild  
• Adjust Brakes as necessary

**from \$99.95**

• Most Cars &  
Light Trucks

**AUTOMATE  
VEHICLE  
SALES**

905-871-2986

**TIRE REBATE SALE  
UP TO \$100 Mail-In Rebate**

General Tire • DUNLOP  
GOODRIDE • KUMHO TIRES  
YOKOHAMA • PIRELLI  
GENERAL TIRES • 4 QUALIFYING CAR & LIGHT TRUCK TIRES

**from \$250**

**\$140 installed**

**CAR  
DETAILING**

**starting at  
\$19.95**

**EVERYTHING GETS OLD  
EVEN YOUR SHOCKS.**

**GET UP TO A  
\$120 VISA PREPAID  
CARD**

WITH THE PURCHASE OF QUALIFYING  
MONSTER OR LANDER RIDE CONTROL PRODUCTS

To receive a \$120 VISA Prepaid Card, a customer must purchase a  
qualifying Monster or Lander Ride Control product(s) from Findleyson Tire  
between April 1, 2014 and April 30, 2014.

1200 Gilmore Road at QEW • Fort Erie • [findlyson.com](http://findlyson.com)  
905-871-2905 • 905-871-8010



**Jack Shaws  
Green Acres Service**  
"Serving Fort Erie Since 1969"

INTRODUCING THE  
**MICHELIN® PREMIER™ A/S TIRE**



**\$70** mail-in rebate when you buy  
**4 MICHELIN® TIRES**  
from March 31  
to May 24, 2014  
on Passenger or Light Truck  
tires only.

**1326 GARRISON ROAD, FORT ERIE**

**905-871-1816**

Visit our website:  
[www.greenacresservice.com](http://www.greenacresservice.com)  
for complete used car inventory

MEMBER  
USED CAR DEALERS  
**UCDA**  
ASSOCIATION OF  
ONTARIO



# Spring

Spring time is here and you need to get ready for the season. Here is a quick spring checklist of things that should be done to preserve your vehicle and keep it working at its best.

- Remove Winter Tires – If you don't have winter tires, it's still a good idea to have your tires rotated or replaced.
- Check your Brakes – Listen for signs of brake wear like squeaking or screeching.
- Check Your Belts and Hoses – A slipping belt will affect the electrical system, air conditioning, power steering and the cooling system.
- Exterior Clean – Wash your car and apply wax after it's dried to preserve your vehicle's shine. Also, make sure the underbody of your vehicle is clean. Get rid of salt build up which can lead to erosion and rust.
- Interior Clean – Vacuum the inside of your vehicle and store away your winter mats. "Change your oil according to manufacturers' specifications.
- Top up all fluids – Windshield washer, anti-freeze, oil, power steering & transmission fluids.
- Apply Protectant – The sun can damage or crack any vinyl surface that you have in your car (dashboard, steering wheel, seats). Make sure you apply a protectant to keep this from happening.
- Have your battery tested. Make sure it still holds a charge.
- Wiper Blades – During the rainy season it's important to make sure your wiper blades are working properly.
- Alternator – Test the alternator output to make sure the charging system is working well

## Car Care Tips

### J & R Automotive

Honest Work, Fair Prices

#### Complete Auto Repair

Services Available for all of your needs!

U-HAUL DEALER!  
Truck and trailers  
**COMING SOON!**  
Boxes, tape and wrap.  
All of your moving  
needs!

- ✓ Oil Changes ✓ Brakes
- ✓ Exhaust Systems ✓ Heater Cores
- ✓ Electric Diagnostics & Repairs
- ✓ Engine & Transmission Installations
- ✓ Trailer Hitches & Accessories
- ✓ plus much more

#### Detailing Special Starting at

Hand Washed & Vacuumed → \$19.95

#### Complete Auto & Truck Detailing

Interiors, Exteriors, Waxing,  
Vacuuming & Complete Overhauls.

52 Dufferin St., Fort Erie, (Corner of Central & Dufferin)

**289-320-9887** – ask for Jamie

• Open Mon – Fri 8:30am – 5:00am, Sat 8:30am – 12:00 noon •

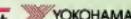
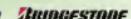


# BERTIE TIRE CENTRE LTD.



#### Your One Stop Automotive Shop

Servicing All Makes & Models



Cadillac • BMW • Mercedes • Volvo • VW • Lexus • Land Rover • Audi • All Domestic

Seasonal Tire Storage On Site • All Major Fleet Cards - ARI/PPH/GE Capital/Fass etc. • Servicing TPMS • National and Fleet Accounts

State-of-the-Art Laser Wheel Alignment Equipment • Modernized Ontario Drive Clean Test and Repair Facility (Light & Heavy Duty)

Latest and Most Comprehensive Computer Engine Diagnostic Equipment on Site (Foreign & Domestic)

"Your complete car specialist!!!"

Locally Owned and Operated

2776 Stevensville Rd., Stevensville

**905-382-3173**  
www.bertietire.com

**TIRECRAFT**   
We'll get you home

Hours:

Monday - Friday 8-5  
Saturday 8-12 noon

COURTESY CARS  
AVAILABLE



# The Old Bank Bistro



Where Quality Food,  
Atmosphere and Value  
go hand in hand...  
You can bank on that!

Niagara's Celebration  
Destination

Many new gluten  
free menu  
items available

41 Jarvis Street  
Fort Erie  
905-994-9222  
[www.oldbankbistro.com](http://www.oldbankbistro.com)



Designed by renowned  
golf course architect  
**Stanley Thompson**

**700 Gilmore Road, Fort Erie, Ontario L2A 5M4**

## **PLAY & ENJOY A CHAMPIONSHIP GOLF COURSE**

Fully licensed Fine Dining and Casual Dining Areas,  
Men's & Ladies' locker facilities, RCGA handicap  
system, Club storage & cleaning, Practice area use,  
Free Junior Program, Advanced tee time booking,  
CPGA Professional Staff with Lessons and Clinics,

Fully Stock Professional Pro Shop  
& Men's, Ladies' and Couples Events

NEW fleet of 2012 Club Cars – Cart Plans Available

**NO**  
INITIATION FEE

**NO**  
ASSESSMENTS

**NO**  
HIDDEN COSTS

## **2014 MEMBERSHIP DUES SCHEDULE** **INITIATION FEE – Waived until 350 playing members**

AGE	RESTRICTED	UNRESTRICTED	COUPLES
19 to 30	\$700	\$900	\$1400
31 to 45	\$1100	\$1300	\$2300
46 & over	\$1500	\$1700	\$2900

All memberships are subject to a 1st tee charge which incorporates club storage and cleaning, handicap fee and unlimited use of practice facilities of \$100 and locker fee of \$50/person

Please contact Rocco D'Amelio  
at 905-871-2400 ext 45 or via email at [rocco@bridgewatercountryclub.com](mailto:rocco@bridgewatercountryclub.com)

# hardy perennials

Choose from a wide variety of hardy perennials perfect for full sun to full shade gardens and great for early Spring.



OSTEOSPERMUM

**5\$ for 10**

OR 2.49  
4" POT

Bird Baths  
FROM

**69.99**

Maples

7 GAL

**59.99**  
REG 89.99

Perennials

QUART POT

**3\$ 10** | OR **3.99**  
REG TO 4.99  
EACH

Potentilla

2 GAL

**5.99**  
REG TO 14.99

Boston Fern

HANGING BASKET

**12.99**  
10" POT

Stevensville  
**GARDEN**  
GALLERY

STEVENSVILLE

2821 Stevensville Road  
Off the QEW between  
Niagara Falls & Fort Erie

905.382.2661



MON - SAT  
9AM - 6PM

SUN

10AM - 5PM

LCBO

11AM - 5PM

APRIL 23RD

APRIL 29TH

stevensvillegardengallery.ca



**"How to plan your electronic environment to suit everyone's needs...."**



Diane Gibson  
General Manager Retail

  
**...it's easy call us!**

**Samsung UHD TV Curved**

Ultra High Definition 4K

**NOW AVAILABLE AT GIBBYS!**



**HU9000**  
**AVAILABLE SCREEN SIZES: 78" | 65" | 55"**

**The ultimate immersion**

Leading in a bold new era of meeting realism and maximizing immersion, Samsung is blending its innovative curved TV design with its UHD TV technology. These TVs deliver a new home-theatrical experience and fundamentally change the way we watch TV. The curved screen gives videos a presence not felt on flat screens. Plus, a wider field of view creates a panoramic effect that makes the display screen even bigger than it is and "keeps" the viewer in the TV. The combination of the curve and UHD technology creates the ultimate immersion. Whether you're watching a movie or a television show, an immersive view is, in particular, the ultimate in entertainment.





## Curved and beautiful

Samsung's curved HDTV invites you into the entertainment. The innovative curved design of the screen brings your home-watching experience to a whole new level. Samsung curved HDTV screens are built to naturally match the curve of our eyes, so you'll be completely immersed in every scene, every game, every concert and more. The curved design creates a balanced and uniformed viewing distance, improved viewing angles and higher contrast for a more immersive experience, so everyone watching has the best seat in the house.

## Keep your UHD TV on the cutting edge

Samsung TV are constantly evolving, and that doesn't mean you need to purchase a new TV every time there's an improvement. Samsung HDTVs come with the option to use a One Connect box with the Evolution built-in. The Evolution Kit allows you to upgrade your connectivity with more connection ports and enables you to update the hardware and software\*\* on your HDTV. Now you can stay up to date with the latest innovations in Smart TV technology.

## View more, play more

We've all heard of multi-tasking when it comes to work, but what about multi-tasking when it comes to watching TV? Multi-Link allows you to split your TV into four completely different screens. Now you can watch the game, browse the web, view (KTV) recommendations or check your favorite social media websites and much more. Multi-Link enables you to go deeper into your entertainment.



Audio	• Sound Output: 10 W/2 (Woofer 10 W/2, 5.1, DTS™ Premium Sound, 2 HDMI Inputs, Front Facing + New Wiresguide Speakers)	Web Browser	• Smart Interaction	Accessories	• PurColor (Color Accuracy Process)
Design	• Curved One Design	• Camera Built-in	• 3D Active Glasses Included	• Auto Depth Enhancer	• Precision Black
Smart TV	• Dual Core Plus	• Note Interaction	• Samsung Smart Control Included (TM450A)	• Local Dimming	• UHD Up-scaling
Power	• D-Box	• Language (Understanding)	• Motion Control	• Mega Contrast	• 3D
Connectivity	• One Connect with Chromecast	• Tuner / Broadcast	• 4K/UHD (Clear QAM) DTV Tuner	• 3D Converter	• Smart
Video	• Chromecast	• Video	• Video	• Convergence	• Video
Power	• Curved 1.5-Shape (Silver Pedestal)	• 4 HDMI Inputs	• 3840 x 2160	• Digital Clean View	• 3840 x 2160
Screen	• Smart Hub	• Wireless LAN Built-in	• 8P (HDMI)	• 8P (HDMI)	• 8P (HDMI)
Screen	• Multi-Link Quad	• Dual Core Plus	• Ultra-Clean Panel	• UHD Built-in	• UHD Built-in
Screen	• D-Box	• Auto Power Off	• 1440p Clear Motion Rate	• Wi-Fi Direct®	• Wi-Fi Direct®
Screen	• Multi-Link Quad	• Clock & On/Off Timer	• 120Hz	• Smartphone Remote supported	• Smartphone Remote supported
Screen	• D-Box	• Sleep Timer	• 120Hz	• D-Box	• D-Box
Screen	• Multi-Link Quad		• D-Box	• D-Box	• D-Box

**NO MONEY DOWN • NO PAYMENTS • NO INTEREST • TILL APRIL 2015**  
**CEDIA CERTIFIED INSTALLATIONS AND DELIVERY AVAILABLE**

**CORNER OF  
CHURCH & GENEVA  
55 GENEVA ST.  
ST. CATHARINES  
905.685.7611**



MasterCard, Visa, American Express, and Discover

&lt;



# \$5

EVERY WEDNESDAY  
4PM TO CLOSE  
ALL-YOU-CAN-EAT  
SPAGHETTI FEAST!

THE  
**BARREL**  
ITALIAN KITCHEN

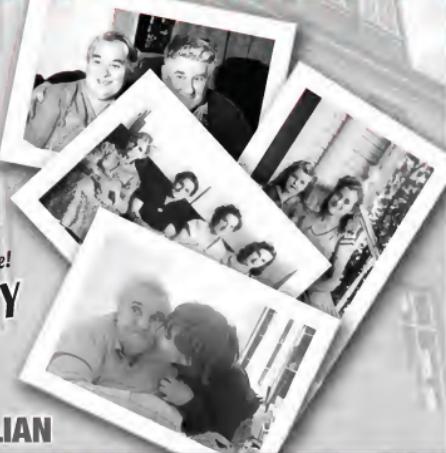


Enjoy \$5 All-You-Can-Eat  
Spaghetti with the purchase  
of any beverage.

Additions to include meatballs (1) and mushrooms.  
All additions \$2.00 per serving



Celebrate with MAMMA at The Barrel.... That's amore!  
**JOIN US MOTHER'S DAY**



AUTHENTIC

FRESH

ITALIAN

224 Garrison Road Fort Erie, ON [www.thebarrel.ca](http://www.thebarrel.ca)

(905) 871-1167



Auxiliary welcomes new executive board



SARAH FERGUSON Fort Erie Times

The Douglas Memorial Hospital Auxiliary installed its new executive board on Monday. From left are member-at-large, Sandy Byer, member-at-large Arlene Blais, second vice-president Majorie Hayes, first vice-president Barb Boyer, president Betty Keller, past president Francis Blair, and Golden Horseshoe regional chair elect Kay Kiss.

*If your child is interested in learning  
Canada's other official language:*

**Say Oui to French Immersion at Garrison Road Public School!**

The program is open to students entering  
Grade 1 in September, 2014.

### **Did you know?**

Learning a second language:

- Improves a student's ability to read, write and think critically
- Helps students' use their native language more effectively
- Supports increased post-secondary and employment opportunities for students

Contact the school for more information  
905-871-4830 or visit [garrisonroad.dsbn.org](http://garrisonroad.dsbn.org).



# Region wants input on interconnected bus service for municipalities

Rob Houle

QMI Agency Niagara

Niagara Region wants your input on inter-municipal

transit.

The regional government is conducting a three-pronged survey to gauge public opinion on the future of public

transit between Niagara communities. Information is being gathered in a telephone survey, online questionnaire and by feedback noted by

Region staff out in the communities.

The Region initiated an inter-municipal transit pilot project in 2011 that is sched-

uled to come to an end in September. The feedback from residents will help shape the inter-municipal transit system moving forward past the pilot-project phase.

"We are reaching out to Niagara communities looking for information because we are in a listening phase and trying to gather as much community input as we can while we figure out the transit connections between communities," said Kumar Ranjan, the Region's associate director of transportation planning.

"We are reaching out to Niagara communities looking for information because we are in a listening phase and trying to gather as much community input as we can while we figure out the transit connections between communities," said Kumar Ranjan, the Region's associate director of transportation planning.

"We would like to have information on what their views are on the transit system," Ranjan said.

Region Chairman Gary Burroughs said he favours expanding inter-municipal transit.

"All communities need to be included," Burroughs said.

In a column he wrote at the end of March, Burroughs said: "Our economy could use the kick-start a fully integrated inter-municipal transit system could bring."

Lincoln regional Coun. Mark Bylsma is no fan of the current service.

"The whole notion itself I've not been a supporter of in the first place," he said. "One of the key reasons is it doesn't provide service to the entire region. And I'm not suggesting that it should, I just think the cost-sharing model should reflect the communities that also receive the benefit."

"When you talk about inter-municipal transit, the people in West Lincoln, Lincoln, Wainfleet, Grimsby ... are they living in a world where they think, 'Oh, one day there's going to be a bus in front of my house every 30 minutes to take me anywhere I want to go in Niagara? Realistically, that's not going to happen, yet they are paying for it on their tax bill, so that's my concern."

St. Catharines regional Coun. Brian Helt said he doesn't favour Niagara Region creating a transit department. He said St. Catharines, Niagara Falls and Welland transit should form a joint commission to work together in linking transit services.

St. Catharines regional Coun. Andy Petrowski said he was not "convinced we need what we got here. I think we just need better co-ordination between the cities (transit systems)."

To take the online Let's Talk Niagara survey go to [niagararegion.ca/transit](http://niagararegion.ca/transit). Those that take the survey are eligible to win a \$50 gift card. [rob.houle@sunmedia.ca](mailto:rob.houle@sunmedia.ca)

## Niagara Region provides community health and wellness programs for residents of all ages.

Visit [www.niagararegion.ca](http://www.niagararegion.ca) to learn more.

### HELPING SENIORS AGE AT HOME

Respite Companion Program provides in-home respite service for those with Alzheimer's or related dementia and their caregivers.

Adult Day Service provides a fun atmosphere where participants can socialize with other seniors.

Visit [www.niagararegion.ca/seniors](http://www.niagararegion.ca/seniors) or call 905-984-2621 or toll-free 1-877-212-3922.



### VOLUNTEER TO PROMOTE HEALTHY LIFESTYLES

Female instructors certified in self-defence, dance, aerobics, yoga, fitness, Pilates or Zumba can volunteer with F.U.E.L., an after-school, girls-only, physical activity program.

Motivate your friends, family and coworkers to adopt a more active lifestyle through the **Physical Activity Advisor** program.

Apply at [www.niagararegion.ca/health](http://www.niagararegion.ca/health).



### LOOKING FOR CHILD CARE SERVICES?

The Niagara Region Child Care Waitlist allows you to apply to multiple service providers with the same form.

Visit [www.niagararegion.ca/childcare](http://www.niagararegion.ca/childcare) or call 905-984-6900 or toll-free 1-800-263-7215.



Parents with children aged 2-12 and teens aged 12-16 can register for free parenting courses or seminars through the Triple P Parenting Program. Call 905-688-8248 ext. 7555 or 1-888-505-6074.



The Niagara Region Bicycle Map has details about trails, bike paths and back roads in Niagara. Access the map at [www.niagararegion.ca](http://www.niagararegion.ca).





DERRICK DEA Special to The Times

Four youngsters enjoy candy they received from the Ridgeway Business Improvement Area's inaugural Easter egg hunt hosted at the Village Square on Saturday morning. Armed with baskets, youth hungry for treats, began hunting at noon.



SARAH FERGUSON Fort Erie Times  
The Easter Bunny greeted children at the Kinsmen and Kinettes egg hunt on Ott Rd., Friday.



JOSEPH BURD Special to The Times  
Izzabella Dinge-Carey, 3, hunted for eggs at Crystal Beach Public School on Saturday.

## WET BASEMENT? NEED TO BE RESCUED?

- Free Estimates
- PERMA-SEAL® Crack Injections
- PERMA-DRAIN™ Waterproofing Systems
- PERMA-PUMP™ Installations

**PERMADRY®**  
Guaranteed Solutions for Leaky Basements™

Formerly PermaDri

1-800-565-5325 **PERMADRY.COM**

905-834-5800

Follow us at [Facebook.com/permady](http://Facebook.com/permady)



**We're Blooming Fantastic!**  
**NOW OPEN!!**

- Annuals, Perennials & Vegetables
- Custom Container Planting
- Shop online at [shop.ditschgreenhouses.com](http://shop.ditschgreenhouses.com)

**New Guinea Impatiens**

**\$1.79 ea**

Great replacement for shade impatiens  
While Quantities Last



**Selected 12" Hanging Baskets**

**\$15 ea**

Maverick Geraniums, Superbells, Superbloom, Superstar, Sweetie, Lobelia Baskets  
While Quantities Last



**Mixed Baskets and Planters for Mothers Day**

Starting at **\$12.99 ea**

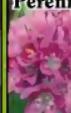
While Quantities Last



**Perennials**

**\$6.99 ea**  
Selected Variety

Including: Begonias, Achimenes, Marigolds, Petunias, Impatiens, Angelonia, Bellis, Bergenia, Coreopsis, Daylily, Canna, Cannula, Coneflower, Liatris, Salvia, Phlox, Black-eyed Susan, Lily and Nasturtium  
While Quantities Last



3335 Nigh Road, Ridgeway  
Spring Hours: Mon - Fri 8am - 6pm Sat 8am - 2pm • 905-894-2305  
Cell 416-995-0658 text me • [www.ditschgreenhouses.com](http://www.ditschgreenhouses.com)





The Buffalo and Fort Erie Peace Bridge Authority honoured the life and legacy of former finance minister Jim Flaherty by illuminating the Peace Bridge in Flaherty's favoured colour of green.

## Peace Bridge illuminated to honour Flaherty

**Sarah Ferguson**  
Fort Erie Times

The Buffalo and Fort Erie Peace Bridge Authority honoured the life and legacy of former finance minister Jim Flaherty by lighting the Peace Bridge.

The bridge was illuminated last Wednesday evening between 9 p.m. and 1 a.m. The span of the bridge was lit in Flaherty's favourite colour, green.

"We knew the Niagara Parks

Commission was doing something similar in Niagara Falls and since (Wednesday was) his state funeral, we decided we wanted to follow suit," said Matthew Davison, director of communications for the Peace Bridge Authority.

"It's not something we do very often," Davison said of illuminating the bridge in honour of an individual.

Flaherty was a member of Parliament, representing portions of Whitby-Oshawa from 2006 until March of this year,

where he served as federal minister of finance.

He was a member of provincial parliament for Whitby-Ajax from 1995 to 2005 and served as deputy premier, minister of finance, attorney general and minister of labour.

A stateside funeral for Flaherty was held at Toronto's St. James Cathedral.

[sarah.ferguson@sunmedia.ca](mailto:sarah.ferguson@sunmedia.ca)

## GARDEN DESIGN SERVICES

"Add curb appeal and value to your home"

### SERVICES

- Foundation plantings
- Ponds and waterfalls
- Water features
- Hardscapes
- All your horticultural needs

**THE URBAN GARDENER**

**905-871-7280**

### FOR AVID DIY'ers

- Provide a landscape plan that can be achieved in stages
- Provide appropriate plants for your site and expertly position them
- You plant them with our assistance you can develop your own green thumb

"Bringing beauty to Niagara one home at a time"

**Warm**  
FASHION SHOW

Friday May 2<sup>nd</sup> 2014

High Courtroom, 1313 7 Avenue Rd, Niagara Falls

**Fashion from local stores & boutiques:**

Gypsy Alley, Neat Stuff,

TanJay'n Alia, Three Ferrises, Your Boutique and More  
Emceed by 2DayFM Morning Show Host, Oren Williamson

Shop at vendor tables | Italian Dinner | Auction

Door Prizes & Special Guest Stars

**\$40.00 a ticket**

Doors Open at 5:00pm

Seats are limited get your tickets today before they are all sold out!

Sponsored by



For tickets contact Warm  
905-919-9195  
info@warmniagara.org  
www.warmniagara.org

## Rummage sale supports community programs

There's something for everyone at a rummage sale hosted by Peoples Memorial United Church on Saturday, April 26 from 8 a.m. to noon.

Items up for grabs include clothing, books, kitchenware, said church member Audrey Sims.

All of the proceeds from the sale go to non-profit groups and programs such as Cancer and Meals on

Wheels.

Sims invites the public to attend the sale to support the community.

"By supporting the rummage sale, it helps us to do stewardship programs for the community," Sims said.

Peoples Memorial United Church is at the corner of Dominion and Ridge Rds., in Ridgeway.

## Cleaning our beaches and trails



MONICA TROMBLEY Special to The Times

About 192 students from Niagara Christian Community of Schools spent last Thursday cleaning up the Friendship Trail and Waverly Beach in honour of Earth Day on April 22.

-10% off all  
Monuments  
in stock now!  
until May 31st

Port Colborne  
3114 Hwy 3 East  
1-800-541-2291

**GLENMOUNT**  
MEMORIALS

Welland  
301 Aqueduct St.  
905-735-9717



- **Wednesday** is Open MIC Night and Wing Night
- **Thursday** Ladies & Gents Night with \$5.50 Martinis and \$9.95 Mussels and Gourmet Pizza. Also Discount Readings with Caroline from Haven Global
- **Friday** is Date Night with 2 can Dine for \$49.95 also Fish Fry Friday and Jeffery Arthur's Jazz Band
  - \*\* FREE BALLROOM DANCING LESSONS, April 29th, May 9th & 23rd\*\*
- **Saturday** is Steak Night and Meat Loaf Dinner with Entertainment from Aaron McGregor
- **Sunday** Caesar Cocktails and Steak Sub for \$15

OUR PATIO IS NOW OPEN!

Wed. to Sun. open at 4:00 p.m.  
3878 Erie Rd., Crystal Beach  
**905-894-9996**  
[www.thecrystalchandelier.com](http://www.thecrystalchandelier.com)

# MoriGardens

Design & Garden Centre



905 468 7843

1709 Niagara Stone Rd., Niagara on the Lake

[www.morigardens.com](http://www.morigardens.com)

# Johnny Cash tribute concert to benefit SPCA

Fort Erie resident Jim Yorfido to dress in black and perform as the country music legend

Sarah Ferguson  
Fort Erie Times

The man dressed in black will hit the stage to aid local critters.

The Fabulous Johnny Cash Variety All-Star Tribute Show, which will be held on Sunday, May 4, will benefit the Fort Erie SPCA.

The show will begin when Jim Yorfido, singing as country-music star Johnny Cash, will take the stage at the Fort Erie Leisureplex at 3 p.m.

"We have world class entertainment," Yorfido said of the variety show.

The performance also includes Pam Yorfido, Joe Passion, Marie Bottrell and Bill Culp paying tribute to Tammy Wynette, Patsy Cline, Jerry Lee Lewis, Dolly Parton, the Big Bopper and Loreta Lynn.

"This is going to be a show that people won't want to miss because these people don't normally come to Fort Erie to perform," Pam

Yorfido said.

"It's going to be a huge show," she added.

Yorfido, who will pay tribute to Tammy Wynette, said he has found Jim Yorfido, is Ontario's top Johnny Cash tribute performer.

"People can expect a high action, fast-paced, clap-along rock'n'roll show," she added.

The performance will bring back memories. It has comedy, it's country and it's rock'n'roll."

The tribute show is also a family-friendly show that will entertain the young and the young at heart, Yorfido said.

The performer is hoping the hall will be filled to the brim with Johnny Cash fans.

"I'd love to fill the hall—all 500 seats. That would be amazing."

Yorfido encourages people to purchase tickets because the proceeds of the event will be used to fund a new addition for the Fort Erie SPCA.

"People can purchase tickets as an act of kindness and pass them on to friends and family," she added.

Yorfido served as member of the board of directors for the Fort Erie SPCA for more than a decade and she knows first-hand how important it is to support the organization.

"I invite people to walk

through the SPCA and see the animals that are caged in," Yorfido said.

"It takes a town to help these animals. These animals are here to stay, and we should be passionate about helping our friends."

Tickets are \$30 per person, and \$10 for children 12 and under.

For more information call 905-871-2461 or 905-871-1482.

The tribute show is also a family-friendly show that will entertain the young and the young at heart, Yorfido said.



FILE PHOTO QMI Agency Niagara

[sarah.ferguson@sunmedia.ca](mailto:sarah.ferguson@sunmedia.ca)

Jim Yorfido performed as Johnny Cash in this QMI Agency Niagara file photo.

## FORT ERIE DRIVING SCHOOL (GORD'S)

### UPCOMING COURSES

May weekends,  
May 17, 18, 24, 25.

3860 Dominion Road, Ridgeway  
**905-894-9041**  
[www.gordsdrivingschool.com](http://www.gordsdrivingschool.com)



We are a Ministry Approved Beginner Driver Education Course Provider, offering classroom and behind-the-wheel training for teenagers, adults and seniors.

LEARN THE KEYS TO SAFE DRIVING

**FABRICLAND**

CANADA'S LARGEST FASHION FABRIC DISTRIBUTOR

[www.fabriclandwestern.com](http://www.fabriclandwestern.com)

**HOME DECOR SALE**  
THURSDAY APRIL 24 - SUNDAY APRIL 27, 2014

ALL IN STOCK  
**DRAPERY**  
**FABRICS**  
**OUTDOOR**  
**FABRICS**  
**40% OFF**  
OUR REGULAR PRICE

ALL IN STOCK  
**READY MADE**  
**DRAPERY PANELS,**  
**CUSHION COVERS**  
\*excludes promo pads  
**50% OFF**  
OUR REGULAR PRICE

ALL IN STOCK  
**DRAPERY RODS**  
**& DRAPERY**  
**HARDWARE**  
**50% OFF**  
OUR REGULAR PRICE

**CUSTOM DRAPERY EASY AS 1-2-3!**

Now available at all locations.  
Please visit us in store  
for more information

1. Measure your window
2. Select your fabric
3. Choose your window treatment from our stylish selection.

ALL IN STOCK  
**SPRING FASHION,**  
**QUILTING,**  
**FLANELLETE,**  
**& BASIC FABRICS**  
**40% OFF**  
OUR REGULAR PRICE

SPECIAL SELECTION  
**SPRING FASHION**  
**FABRICS**  
**BUY 1 METRE**  
AT OUR REGULAR PRICE  
**GET 2 METRES**  
**FREE**  
FROM SAME BOLT

ALL IN STOCK  
**NOTIONS**  
**THREADS, BUTTONS,**  
**ZIPPERS & MORE**  
**40% OFF**  
OUR REGULAR PRICE  
TO \$12.99 EA/METRE

MOUNT CARMEL CENTRE  
3770 Montrose Rd., Niagara Falls  
**354-7117**

**FABRICLAND**  
575 WELLAND AVE., St. Catharines  
**685-6595**  
[www.fabriclandwestern.com](http://www.fabriclandwestern.com)

Store Hours:  
Mon-Fri 9 a.m. - 9 p.m.  
Sat 9 a.m. - 5 p.m.  
34 DODGERS AVE., Welland  
**734-3836**

# Notable War of 1812 figures like John Norton deserve recognition

Brian Thomas  
Special to The Times

We just celebrated the 200th anniversary of the War of 1812. We think of names like

Brock, Secord, Scott, Dearborn, Proctor, Drummond, and Tammess. There are many other people who deserve much recognition.

This is the story of one such person, John Norton. For the telling, his story will be broken into two parts: John Norton's life prior to 1812 and his life during and after the War of 1812.

\*\*

John Norton Sr. was born a Cherokee, captured as a teenager during the French Indian and Seven Years War.

He was carried off by a British officer after a raid of his village of Kwohi in North America.

The captive traversed the Atlantic and became assimilated and educated in Scotland.

As a young man, he married a Scottish woman named Catherine Anderson. The birth of their son, John Norton Jr., followed in 1760.

Norton Jr. grew up in cultured Scotland and was exposed to a variety of interests. Afterward, Norton Jr. was enlisted in the 65th regiment in the British Army in 1784.

Soon after, he was posted to Fort Niagara, located at the mouth of the Niagara River.

The four years of service were inactive and tedious for the veritable man, leading to his discharge in 1788. Norton Jr.'s ensuing occupation was to teach English to young Mohawks at Jogn Desseronyon's School of the Society for the Propagation of the Gospel on the Bay of Quinte, Lake Ontario.

Overflowing with the abilities and potential, he became fluent in the Mohawk language, and subsequently, the interpreter and emissary for the Indian department.

See Page 39

LOOK IN THURSDAY'S PAPER FOR YOUR M&M FLYER!

**M&M** **BBQ**  
MEAT SHOPS HEADQUARTERS

**BACON WRAPPED BEEF  
TOP SIRLOIN STEAKS**

4 STEAKS x 142 g/5 oz  
Cut from government Inspected Canada A  
or higher beef.

**4 STEAKS FOR ONLY  
8.99 MAX  
SAVE \$5**



ONE DAY ONLY SATURDAY, APRIL 26

**INSTANT WIN**

**FREE PRODUCT or 5% or 10% off!**

Spending \$30 and receive a scratch card for your chance to win!  
**EVERY CARD IS A WINNER!**

Available in-store only!  
See stores for complete terms & conditions.

**Kabobs**

CHOOSE FROM 6 VARIETIES  
128 g/4.5 oz Sold Individually  
Individual Sale MAX 2.49  
Reg. Price 2.99



**Gourmet**

**Chicken Breasts**  
CHOOSE FROM 6 VARIETIES  
170 g/6 oz Sold Individually  
Individual Sale MAX 3.49  
Reg. Price 3.99

Broccoli & Cheese

3 DAYS ONLY

FRIDAY  
25  
SATURDAY  
26  
SUNDAY  
27

Original  
BONELESS  
CHICKEN CHUNKS

Choose from 6 varieties  
17-34 PIECES  
680 g/1.5 lb  
LIMIT 3 PER CUSTOMER

**7.99 MAX  
SAVE \$3**

**Boneless**

**Chicken Breasts**  
Seasoned & Skinless  
6-12 PORTIONS  
1.36 kg/3 lb



ALL PRICES IN EFFECT UNTIL THURSDAY, MAY 1, 2014 UNLESS OTHERWISE STATED.

St. Catharines 210 Glendale Ave. 905-682-3121  
St. Catharines 353 Lake St. 905-646-8812  
St. Catharines 100 Fourth Ave. 905-682-6326

Niagara Falls 6225 Thorold Stone Rd. 905-354-0186  
Fonthill 20 Hwy 20 E. 905-892-4766  
Welland 30 Rice Rd. 905-735-6819

Visit [mmmeatshops.com](http://mmmeatshops.com) for individual store hours.

**Kubota**  
**ORANGE**  
**Truckload Event**

The Kubota "Orange Truckload Event" is coming to town with a truckload of savings!  
Come and see new Kubota products and experience interactive displays.



**TWO DAY SALE**

Fri. April 25 • Noon - 5pm

Sat. April 26 • 10am - 4pm



**TWO DAYS ONLY ~ APRIL 25 & 26, 2014  
• SPECIAL DISCOUNTS FROM KUBOTA •**

**BEN BERG**  
FARM &  
INDUSTRIAL  
EQUIP.  
LTD.

**Ben Berg Farm & Industrial  
Equipment Ltd.**  
42134 HWY 3, WAINFLEET  
[www.benberg.com](http://www.benberg.com) • 905-899-3405

# Norton was known to friend for his 'adventurous spirit'

From Page 38

Ever longing for more, John Norton left teaching behind and settled amongst the Hodinohsoni on the Grand River. Not long after, Norton met Joseph Brant Thayendanegea, his name meaning 'bunch of sticks.'

They became great friends. Brant adopted Norton as his nephew and successor, giving him the name Teyoninhokarawen,

meaning 'it keeps the door open.'

One must ask if Brant saw Norton's adventurous spirit too, in 1799, Brant awarded Norton a rank of chief for diplomacy and leadership in the war.

John returned to England in 1804, and achieved a personal triumph, in that, he became recognized by the leaders of the evangelical missionary movement.

Those closest to him were members of The Society of Friends, or the Quakers.

With their benevolent influence, he translated the Book of John into the Mohawk language, and after the war, he completed the Gospel of Matthew. The year 1806, witnessed his triumphant return home to the Grand River, entrusted with five hundred copies of the translated text.

In 1809, approximately two years after the death of Joseph Brant, he decided to leave the Six Nations Reserve, being compelled by the desire to discover more of his native heritage, and in due course, learned that his family was now located in Tennessee.

In the early morning of April 29, 1809, John and three froquous companions left the north bank of the Grand River, one mile south of present day Port Maitland, Abandoning their canoes they travelled by foot along the north shore of Lake Erie. One day later, they arrived

at the Township of Port Erie, spending the night at Palmer's Tavern, near the fort. Early the next morning, they crossed the Niagara River on the Black Rock Ferry.

John and his companions canoed up the Buffalo Creek, eventually navigating the Ohio, Monongahela, Mississippi, and Tennessee Rivers. Upon arrival in Tennessee, John found his father's family, and stayed with them for approximate-

ly one year, and returned home again before the outbreak of the War of 1812.

Next week, Thomas will share the story of Norton's life during and after the War of 1812.

*Brian Thomas is a member of the Heritage Arts Legacy.*

## Workshop offer insight for loved ones with mental health problems

The Family Mental Health Network of Niagara is hosting workshops to educate people with loved ones who are dealing with a serious mental health problem.

Topics include coping skills, mental illness and substance

abuse, keys to wellness, community resources, medications and non-violent crisis intervention.

Workshops will be held in Fort Erie on April 24 and May 1 from 7 p.m. to 9 p.m. Other clinics will be held in Port Colborne on May

8, 15, 22 and 29 from 6 p.m. to 8 p.m. Other workshops will be held in Welland on June 5, 12, 19 and 26 from 7 p.m. to 9 p.m. Registration is required. For more information call 905-694-6808.

## SIZZLIN JILL'S

Come out and try  
FORT ERIE'S FINEST  
FISH & CHIPS!



NOW  
ACCEPTING  
DEBIT

Located at Canadian Tire, Fort Erie • 11am - 7pm  
Call in for your orders 289-407-8005

Save up to 60% on Remnants

Includes free underpad when you have the remnant installed!

Applies to Vinyl, Linoleum, Laminate, Carpet, Vinyl Planks. See in-store for details.

Solid Maple Hardwood Flooring

In Stock, Whole Supplies, Ltd., 54 Main Street

\$1.49

12mm Laminate

\$1.59

DuraCeramic

\$4.29

Congoleum Airstep

\$1.49

Carpet or Vinyl Installed

\$1.99

All prices per sq. ft. Min quantities may apply. Colours and styles may vary. See in-store for details.

Crescent  
Flooring

409 Walden Blvd • Fort Erie  
(Behind Sobeys on Garrison Road)

905-994-7687 Toll Free 1-855-866-0422

WHEN IT'S THE HEAT. AND THE HUMIDITY.  
REGAIN YOUR COOL WITH VA HOFFMAN  
PLUMBING, HEATING & SHEET METAL.



RECEIVE \$1,300 REBATE\*

plus up to a \$100 Harmony™ add-on\*  
with the purchase of a qualifying Lennox® system



UP TO \$650 IN HEATING AND  
COOLING INCENTIVES:

\$10 OFF A COOLING TUNE-UP!\*



VA Hoffman  
Plumbing Heating & Sheet Metal  
393 Kirby St. E., Port Colborne, ON L3K 1P6  
905-634-3783

OFFER EXPIRES 4/15/2014.

\*Offer valid on the purchase of qualifying Lennox products. System rebate offers range from \$500 - \$1,700. \*Full terms and conditions apply for rebate information on the application process and list of qualifying heating and cooling equipment. \*\*See your participating Lennox dealer for details. Lennox dealers include independently owned and operated businesses. © 2014 Lennox Industries, Inc.

Call us for a free estimate!  
Monday-Friday 8:30AM-5PM  
Saturday 10AM-3PM  
After Hours Appts. Available!

[www.crescentflooring.com](http://www.crescentflooring.com)





## St. Joseph students share during Lent season

Egg hunts planned for Ridgeway, Crystal Beach and Stevensville

dimes, quarters, loonies, and toonies to help support the Development and Peace campaign which supports partners in the Global South who promote alternatives to unfair social, political and economic structures and educates the Canadian population about issues of poverty and mobilizes Canadians towards actions for change.

In the struggle for human dignity, the organization forms alliances with northern and southern groups working for social change. For over 40 years, Development and Peace has supported 15,200 initiatives in fields such as agriculture, education, community action, as well as the consolidation of peace and advocacy for human rights in 70 countries.

The students brought in a total of \$1355.00. The second part of their Share Lent campaign was the collection of food to support the St. Vincent de Paul Food Bank of St. George.

This organization provides food to the local communities of Stevensville, Crystal Beach, and Ridgeway. The theme for Share Lent is "A Human Family - Food For All."

The students took this theme to heart and, over a one-week period, collected 28 cases of food for the food bank.

St. Joseph Catholic Elementary School  
Special to The Times

### ST. JOSEPH CATHOLIC SCHOOL Special to The Times

St. Joseph Catholic School recently held their Share Lent campaign.

The first part of the campaign was a monetary collection. For the week of March 24 to 28, the students brought in nickels,

**'A Cut Above the Rest'**  
Reliable, Quality Service  
Since 1982!

**Call For Your Free Quote**

**Residential Cutting & Trimming of Lawn from \$29.95**

Relax and Enjoy Your Summer  
Let Us Do the Yard Work!

COMMERCIAL & RESIDENTIAL LAWN RESTORATION  
CUTTING • TRIMMING • DETHATCHING  
• OVERSEEDING • Fertilizing • Core Rolling  
• FLOWER BEDS • LANDSCAPING • FERTILIZING  
• INTERLOCK • SOO • SNOW PLOWING  
• TREE REMOVAL

BOOK NOW! Call for FREE ESTIMATE 905-871-3074 or 905-358-4873

**LIVE WELL WITH PHARMASAVE**

*your friendly neighborhood pharmacy*

We waive \$2  
Co-Payment for Seniors  
and Eligible Ontario Drug  
Benefit Plan Recipients

Patients who pay:  
• \$2 will pay \$0  
• \$6 will pay \$4.11

• FREE Medication Review • FREE Prescription Pick Up & Delivery  
• FREE Measuring by a Certified Technician • FREE Blister Packaging

Transferring your Prescriptions and Health Records is easy... JUST CALL

**PCP Mobility Rollerator**

**was \$205<sup>00</sup>**  
**\$189**  
while quantities last

• No tools required  
• Light weight

**ASA 81 mg**  
Daily Low  
Dose 120

**\$6.99**

Offer valid only at  
Mrs O's Pharmacy  
• some restrictions apply  
• see store for details  
• until quantities last

**Support Your Local Downtown Business  
OPEN 7 DAYS A WEEK! 118 Jarvis Street, Fort Erie  
t: 905.994.0200 • f: 905.994.9204  
USA Toll-Free t: 1.888.795.4790 • f: 1.888.795.4791  
email: mrsopharmacy@gmail.com**

**EBERLY TRUCKING LTD.**

**TOP SOIL**

Garden Mix • Lawn Soil • Sand Loam • Manure • Clean Sand • Concrete Sand • Stone • Pine Mulch • Excavating • Grading • Septic Systems

In Business to Serve You for 67 Years  
READY NOW!  
Pick Up or Delivery  
Phone 905-894-0933

**COMMUNITY SPAGHETTI DINNER AND  
VIDEO PRESENTATION OF  
"MY HOPE"**

**SUNDAY APRIL 27TH 5PM - 6:30 PM  
SHERKSTON COMMUNITY CENTRE**

**"FREE ADMISSION"**  
**PLEASE CALL 905-894-3462  
FOR FURTHER INFORMATION**



# Horrific battles to be commemorated

**The Siege of Fort Erie will be held Aug. 9 and 10**

**John Law**  
QMI Agency Niagara

It was the year the of 1812 got bloody. And decisive.

And Niagara is going to commemorate it with class.

For its final year of events, the Niagara 1812 Bicentennial Legacy Council will offer four signature events at all three 200th anniversaries. And when they actually happened. These four pivotal battles formed the War of 1812's end game, and they were steeped in casualties.

As Legacy Council CEO Brian Merrett describes it, these were "vicious, bloody" fights between two formidable opponents.

"You had two pretty tough armies going at each other the 1814 campaign," he said during a media conference Monday.

More than the first two years of the bicentennial, there will be a "reverence" to this year's proceedings, with ceremonies to honour the

dead.

Following a performance by Kahnawake Dancers there at QMIS, Fort Niagara in Youngstown, N.Y. June 28 and 29, the local festivities get started with the Battle of Chippawa on July 5 and 6. Re-enactments will take place on one of Canada's most perfectly preserved battlefields along the Niagara Parkway. Aside from commemorative posts, it looks "just like the battlefield did that day," says Niagara Falls Commission chair Janice Thomson.

"When you go to the cere-

**When you go to the ceremony, it's just amazing.**

—Janice Thomson

mony, it's just amazing," she says. "You feel what it felt like (200 years ago). The wind rustles through the trees...you really feel this was a really important place for

Canada."

A huge re-enactment follows to mark the Battle of Lundy's Lane July 25, which will take place at night to replicate the chaotic twilight engagement that claimed hundreds of lives on both sides.

"It will help you understand what this horrendous night was about," says event organizer Clark Bernat of the Niagara Falls History

Museum.

The Siege of Fort Erie follows Aug. 9 and 10, when the first-time re-enactment will be held to mark the battle of Cook's Mills Oct. 18 and 19. A new park was dedicated last year to mark the site of the war's final battle, near Welland.

On Christmas Eve, 1814 the Treaty of Ghent was signed in Belgium to end the war, although news didn't

reach North America until the new year.

Bicentennial events helped bring George and other Niagara-on-the-Lake sites attract more than 100,000 visitors in 2012, says Parks Canada, breaking the previous record of 70,000.

The full list of this year's events can be found at [www.discover1812.com](http://www.discover1812.com)

[john.law@sunmedia.ca](mailto:john.law@sunmedia.ca)



**ALL SAINTS' ANGLICAN CHURCH**  
149 SOUTH MILL ROAD, RIDGEWAY  
TELEPHONE: 905-894-5350

## Spaghetti Dinner

Thursday, May 8, 2014  
5:00 - 7:00 pm  
Adults - \$8.00  
Children - \$5.00, under 5 years, free 50/50 Draw

Come and enjoy a wonderful homemade meal.

Spaghetti and Meatballs, Salad and Desserts  
Coffee/Tea or Juice

Takeout orders available

Please come out to support All Saints' and our outreach in the communities of Ridgeway and Crystal Beach.

**Shisler Bros.**  
TOPSOIL & CRUSHED STONE

• MULCH **YARD** • SAND

deliveries across niagara.

**CALL**  
**905-894-1662**

**SPRING REGISTRATION STARTING**

**ONTARIO CONSERVATORY OF MUSIC**

212 JARVIS ST, FT. ERIE • 905-871-3511

PIANO • GUITAR • DRUMS,  
VOICE • THEORY  
FREE USE OF AN INSTRUMENT

CALL: MR. KELLY 905-871-3511  
(OR) 905-871-1918

Trinity-life church presents:

**THE REAL HOUSEWIVES  
Of  
CRICKET COUNTY  
Hillbilly Comedy Dinner Theatre**

Oh my! y'all will git some fine vittles too -  
Nice 'n' juicy roast beef dinner with all the fixin's.  
(why the let go over it!)

**Special Blue Grass Men Folk** 'll be a comin' ta play fer y'all too.

**MAY 16 'n' 17**

Frid'ly Evenin' 'n' Saterd'y too at 7:00pm

**CRYSTAL RIDGE COMMUNITY CENTRE**  
99 Ridge Rd. S. Fort Erie, ON L0S 1B0

Tickets - \$ 25.00

Lasting Impressions, Ridgeway: 905-894-2058  
Gloria Prentice: 905-894-4615  
Nancy Karr: 905-892-9394

The Hope Chest, Stoney Creek: 905-382-1583  
Pam Rose: 905-893-0148  
Church Office: 905-894-0673

# Zone 3 All-Stars shine in schoolboard tourney

Youth from south Niagara compete in District School Board of Niagara's high school hockey all-star game

Bernd Franke  
QMI Agency Niagara

Robert Stanley was run off his feet and off his skates in a game against a tripleheader that left the E.L. Crossley Secondary School with little to time

to rest and catch his breath.

After playing defence for the Cyclones in a field lacrosse double-header last Thursday morning at Kwanie Field in St. Catharines, Stanley traded his long pole for a hockey

stick and patrolled the blue-line in the District School Board of Niagara's boys' high school hockey all-star game that afternoon at the Leisureplex in Fort Erie.

Unlike the other players in a shiny showcase that pitted Stanley's Zone 3 squad against the best players from Zone 4, rust wasn't much of a factor for him in his first hockey game in about a month.

Already in shape from factoring in his work as a part-time Governor Simcoe jailer hours before in Canada's national summer game, Stanley found his stride midway into the second period playing our national winter game, leading Zone 3 to a 6-2 victory.

"It felt a little weird stepping on the ice. I kind of blew a tire at the beginning," he took a couple of periods to get into it, he said, after collecting three breathes after collecting a game-high three points on a goal and two assists.

Stanley's busy day wasn't over when he accepted his gold medal and MVP trophy at the all-star game. He then joined stickmakers on for still more lacrosse, this time for the sport's indoor version as a member of the junior B Welland Generals.

The renamed Welland Warlords conducted a two-hour practice last Thursday night to prepare for their final exhibition game against the Caledonia Green Gaels Saturday afternoon at Welland Arena.

While Stanley likes both sports, he prefers playing lacrosse.

"I like the defensive aspect about lacrosse," said Stanley, who was the junior B lacrosse team's top defensive player in his rookie season last fall.

Sir Winston Churchill gentleman Scott Lasko was the player of the game for Zone 4. Like everyone else on the ice, his hockey legs were a little wobbly after

not seeing any action for a month.

"It's tough getting back into it, especially when you're already thinking about other sports," said Lasko, who has spent the past two weeks working on his golf swing at the driving range. He didn't begin getting into a groove until the second period.

The 12B student said all-star games can be difficult for goaltenders. Not only do they need to scout the opposition, they need time to get used to the players on their own team, he said.

"You have no idea of who you're playing with or what you're up against."

Lasko's Bulldogs lost the Southern Ontario Secondary School Association final to Denis Morris from Port Hope by the identical score, but he took this 6-2 setback in stride.

"Winning is always nice, but whenever you play in an all-star game it's always a privilege. Win or lose, it's a fun game."

Danny Gearing, Crossley; Nathan MacDuff, Jean Vanier; Jacob Roy, Ridgeway-Crystal Beach; Michael Mayes, Vanier, and Jacob Roy, Port High; rounded out the starting line-up for Zone 3. Dan Williams and Landon Wilson, both from Eden, replied for Zone 4.

Churchill's Corey Gorbel won the shootout skills competition.

All-stars were selected by the coaches of their high school teams.

Zone 3's squad, which was coached by Eden parent and volunteer Wayne Chapman, featured five players each from Crossley and Ridgeway and four apiece from Port High and Vanier.

Eight Churchill players, three from Eden and two from Beamsville made up the Zone 4 team coached by Churchill's Jake McIntosh.

bernd.franke@sunmedia.ca

## Personal Support Worker INFORMATION SESSIONS

### Welland

May 6, 2014,  
6:00 p.m. - 7:00 p.m.  
Fr. Fogarty Centre

### Niagara Falls

May 7, 2014,  
6:00 p.m. - 7:00 p.m.  
St. Ann Centre

### St. Catharines

May 8, 2014,  
6:00 p.m. - 7:00 p.m.  
St. Thomas Centre

## Start a New Career in 10 Months

### PROGRAM FEATURES

Earn Your PSW  
Certificate in 10 Months

2 Intakes per Year

90 % of Graduates  
Employed in the  
Niagara Region

PSW Program  
Provides Students  
with the Academic,  
Theoretical, and  
Practical Training to  
Succeed as a PSW

### PROGRAM BENEFITS

PSW Certificate  
Issued Through the  
Long Term Care  
Association  
P.S.W.E.P.  
Accreditation

Workplace Experience  
and Marketable Skills  
Cooperative & Clinical  
Experience  
Employer Contacts



September 2014  
Start Date

A Personal Support Worker  
is a Canadian health services worker  
that provides care to those  
are not fully able to care  
for themselves.



3 Convenient Locations

Fr. Fogarty Centre  
265 Thimens Rd. W.  
Welland, ON  
905-734-4465

St. Ann Centre  
5865 North St.  
Niagara Falls, ON  
905-354-3531

St. Thomas Centre  
68 Winchester Ave  
St. Catharines, ON  
905-885-3278

**H  
Second  
Pet Boarding**

2343 Baymount Road,  
905-891-3647  
(Dogs)

We believe in a  
"CAREFUL"  
Philosophy

"Bee" will welcome you!  
www.aceshondogspetboarding.com

**MOBILITY PLUS**  
WHERE EVERYDAY IS INDEPENDENCE DAY!

Address  
1674 Albion Rd  
Lackawanna, NY 14218  
Phone  
(716) 824-2243  
1-877-251-2243

Store Hours  
Monday - Friday  
9am-8pm,  
Saturday 10am-2pm

**SALES SERVICE RENTAL**

**MOBILITY PLUS**

A COMPLETE LINE OF MEDICAL EQUIPMENT

Scissors Rollators  
Hospital Beds  
Power Wheelchairs  
Manual Wheelchairs  
Walkers  
Aids to Daily Living  
M.C.U./M.C.U.  
Lift Chairs  
Lawn Safety  
Vehicle Lids  
15 minutes from the Peace Bridge  
CANADIAN MONEY AT PAR



SARAH FERGUSON Fort Erie Times

Ridgeway-Crystal Beach goaltender Eric St. Pierre stopped Sir Winston Churchill's Corey Gorbell from scoring a goal in the first period of the boys high school all-star hockey last-Thursday at the Fort Erie Leisureplex.

Find us on  
**Facebook**





**SUGARLOAF MARINA**  
PORT COLBORNE

Come Join Us....



Summer is waiting for you  
at Sugarloaf Marina!

\$499.	boats up to 16 feet
\$599.	boats 17 feet up to 19 feet
\$795.	boats greater than 19 feet (max 21 )
\$875.	20 ft. dock, up to 22 feet
\$900.	21 ft. dock, up to 24 feet
\$930.	23 ft. dock, up to 25 feet
\$975.	24 ft. dock, up to 26 feet
\$999.	25 ft. dock, up to 26 feet
 \$1230.	Serviced 25 ft. dock, up to 26 feet
\$1420.	Serviced 27 ft. dock, up to 32 feet
\$1540.	Serviced 30 ft. dock, up to 35 feet
\$1845.	Serviced 35 ft. dock, up to 42 feet
\$1920.	Serviced 36 ft. dock, up to 39 feet
\$2050.	Serviced 40 ft. dock, up to 46 feet

*Do you have a boat for sale or looking to purchase a boat?*

**Sugarloaf Used & New Boat Show**  
Saturday, June 7th. Call for more info.

**CALL TODAY TO BOOK YOUR SLIP!!**  
905-835-6644 • 3 Marina Road, Port Colborne



**2014**  
**SPRING**  
**OPEN HOUSE**  
Fri. April 25<sup>th</sup> to Sun. April 27<sup>th</sup>



FACED  
PAINTING  
AND  
BALLOON  
SAT & SUN  
11-3

DOOR  
PRIZES

FACTORY  
PREP  
OUTLET

LIVE  
DJ  
MUSIC

HU E  
SALES  
SALE

ON-SITE  
PRICING  
GET  
APPROVED  
TODAY!

**niagaratrailers.com**

**\$5000 GIVEAWAY**

Purchase any in-stock, new or used trailer & you will be entered to win \$5,000 cash back!  
Some restrictions apply, see an RV consultant for details.

**NIAGARA**  
Trailers  
Since 1972

It's Definitely Worth the Trip!

**FREE BBQ**  
**SAT & SUN**

**Friday, April 25 - 9am - 7pm**  
**Saturday, April 26 - 9am - 5pm**  
**Sunday, April 27 - 10am - 5pm**

**J & R AUTOMOTIVE**

For all of your  
auto repair &  
detailing needs!

52 Dufferin St.,  
Fort Erie

289-320-8887

# BRICKS & Bouquets

**UNCLE SAM'S BINGO**  
Fri April 25th  
at 9:30 pm  
**\$1000 LETTER GAMES**  
(905) 871-3377

## Bouquet for tournament organizers

A Bouquet for the organizing committee of the recent minor hockey tournament in Fort Erie. These people giving tirelessly as volunteers to produce an outstanding, organized and professional image of our town to all that attend, while putting up with the challenges that hockey players, parents, officials and coaches often bring is a huge commitment. Thank you for doing such a wonderful job.

## Bouquet for egg hunts

A bouquet for all of the organizations in Fort Erie that hosted Easter egg hunts for the kids. All of the children appreciated the events and I am sure they all made memories that will last a lifetime.

## Brick for a lawyer

A brick for a lawyer. I am disappointed that this lawyer didn't help my friend who has a serious problem. All this person did was cause more problems and wasted money. Lawyers are supposed to be in business to help people, not destroy lives. I think it's awful when people cause to make it a cleaner place to

more harm than good.

**Brick for not scooping poop**  
A brick for dog owners who think because there is snow on the ground, they don't have to poop and scoop. This includes those that do poop and scoop but throw the bags into the bushes. We are blessed with the Friendship Trail that is now spotted with dog droppings now the snow has melted. Also on same topic, is it so difficult to hold onto your garbage rather than litter the trail with it?

## Bouquet for picking up trash

A bouquet for everyone who came out to Sugar Bowl Park on Saturday to help clean it up. There was a small group of people, but everyone's efforts really made a difference with just a few hours of work. I hope more people take notice of what was accomplished on Saturday and take the initiative to clean up the town of Fort Erie. There are so many wonderful places to spend the afternoon and it is made even more wonderful when we take the time to make sure these important places are clean. Congratulations to everyone who is proud of their community and continues to strive to make it a cleaner place to

## JEWELLERY AND WATCH REPAIR WE DO IT ALL!



**Bridgesbury Jewellers**  
44 Yorkie Street  
Fort Erie

Now carrying Mikado Wedding  
905-994-1561

Send your bricks & bouquets to:  
sarah.ferguson@sunmedia.ca or phone:  
905-871-3100  
ext. 210

**APRIL 23****EUROPEAN RIVER CRUISE**

Join Rod and Laurie McDonald for a cruise where images and stories from along some of the great rivers in Europe. Free. Fort Erie Public Library Centennial branch, 7 p.m. to 8 p.m.

**APRIL 30****SLEEP FOR HEALTH**

Workshop, Bridges Community Health Centre, Port Colborne site, 177 King St. This workshop will focus on the value of sleep in a person's overall health and well-being. Learn how sleep affects weight management, mental and physical performance and your ability to handle stress. Take home tips and habits for getting better sleep and improving your quality of life. 6 p.m. to 8 p.m. Please call 289-479-5017, ext. 2421 to register.

**POETRY AND PIZZA**

Poets of all ages please plan to join us—bring your work, bring your enthusiasm, and come to the Centennial branch of the Fort Erie Public Library, to share and to listen from 6:30 p.m. to 8 p.m. We celebrate Poetry Month with an open reading. No fees, no fuss, just poets and poetry. And Pizza. If you're going to read a poem, please bring along a clean copy. We'll be collecting them and publishing a booklet of the poems read.

**MAY 1****MOVIE AT THE LIBRARY**

The Summit: The story of the deadliest day on the world's most dangerous mountain, when 11 climbers mysteriously perished on K2. Fort Erie Public Library, Centennial branch, 6:30 p.m. to 8:15 p.m.

**SOCIAL GROUP**

Drop in for a warm beverage and some lively conversation the first and third Tuesday of every month, 10 a.m. to noon. Bridges Community Health Centre, Fort Erie, 1485 Garrison Rd. No registration required. For

more information call 905-871-7621.

**WALKING GROUP**

The Walking Group meets twice weekly, Mondays and Thursdays from 9 a.m. to 10 a.m. at the Leisureplex next to the Town Hall on Garrison Road. The group is open to anyone, but the focus is toward individuals with Diabetes who find it difficult maintaining an adequate activity level during the winter

months. Services include pedometers for measuring distance, hand held tally counters for measuring laps, glucometers, a log book and resources for Diabetes management.

**PARENTING NETWORK**

group which meets monthly on the last Wednesday of each month from 6 p.m. to 9 p.m. Meetings provide support for caregivers of children, youth or adults with

autism, a developmental disability, or mental health issues. Bridges Community Health Centre, Fort Erie.

**SLEEP FOR HEALTH**

Workshop, Bridges Community Health Centre, Port Colborne site, 177

King St. This workshop will focus on the value of sleep in a person's overall health and well-being. Learn how sleep affects weight management, mental and physical performance and your ability to handle stress. Take home tips and habits for getting better

sleep and improving your quality of life. The workshop will be held on Wednesday, May 14, 2014, 6:00-8:00pm. Please call 289-479-5017 X2421 to register.



DONNIE EDWARDS  
R.Ph., B.Sc. Pharm.



## ZOSTAVAX: PREVENT SHINGLES BEFORE IT'S TOO LATE!

Shingles is caused by the same virus that causes chickenpox (varicella-zoster virus). After the chickenpox disease, the virus remains dormant in nerve cells in your body. The virus can become reactivated after many years resulting in shingles. It is not known exactly why the virus becomes reactivated, however it is thought that having a weakened immune system along with physical trauma, UV light or stress may play a role. The risk of developing shingles increases with age and people over 50 years old are at the greatest risk. The symptoms include a painful, blistering rash that often breaks out in one part of the body, usually the chest or upper back are involved. Sometimes the pain resulting from shingles can last for weeks, months, or rarely years, after the rash heals. This lasting pain has been described as burning, aching, throbbing or stabbing and can result from something as little as a breeze or the touch of clothing on the skin. Older people are again at greater risk. Shingles may also result in skin infections at the site of the rash or scarring following healing of the rash.

Fortunately, a vaccine is now available to boost your immune system and help to prevent shingles and its complications. It is called Zostavax and is available to adults over 50 years old. The vaccine cannot be used if you are already experiencing symptoms of shingles; it is only used for prevention. The vaccine is given as a single dose by injection just under the skin of the upper arm by a doctor or trained nurse. As all medicines and vaccines can have side effects, some may experience redness, pain, swelling, or tenderness at the site of the injection or headache. These are the most common side effects, but they are usually minor. This vaccine was found to reduce the risk of developing shingles by about 50-70% (depending on your age) within the first year after receiving the vaccine. Zostavax must be stored frozen below -15 degrees Celsius until the day it is to be used. Only a few pharmacies currently have the correct storage facilities for this vaccine to be able to stock it. Zostavax is available from all of the Boggio Family of Pharmacy locations.

Zostavax is safe for most people, however it should not be used by anyone who:

- IS ALLERGIC TO ZOSTER VACCINE OR TO ANY OF THE INGREDIENTS OF THE MEDICATION (INCLUDING GELATIN)
- IS PREGNANT
- HAS A WEAKENED IMMUNE SYSTEM (E.G., DUE TO CANCER, HIV/AIDS, PROBLEMS WITH BONE MARROW, OR OTHER IMMUNE SYSTEM PROBLEMS)
- HAS ACTIVE UNTREATED TUBERCULOSIS
- HAS HAD A SERIOUS ALLERGIC REACTION (HIVES, FACE SWELLING, DIFFICULTY BREATHING) TO NEOMYCIN
- TAKES HIGH DOSES OF STEROIDS (E.G., PRENISONE, METHYLPREDNISOLONE) BY INJECTION OR BY MOUTH

Since this is a relatively new vaccine, it is not known if it will provide protection from shingles for longer than 4 years.

Talk to your doctor or pharmacist for more information and advice about shingles and to find out if the Zostavax vaccine is right for you.

## BOGGIO & EDWARDS PHARMACY

307 Ridge Rd, Ridgeway

Tel: 905.894.2200

[www.boggios.com](http://www.boggios.com)

## Chippawa Riverharks host Prospect Camp

The Chippawa Riverharks junior C hockey club is run a prospects camp June 6-8 at the Gale Centre in Niagara Falls.

The camp is open to players born in 1998 to 1994 and the cost is \$25.

For more information, contact Winston Auld (905-354-0745 or [winston.cogecoca.ca](mailto:winston.cogecoca.ca)), head coach at

Graeme Flett (905-651-8274 or [ghenrvol.com](http://ghenrvol.com)), [orgflett@generalmanager.com](mailto:orgflett@generalmanager.com) or Randy Hall (905-354-8373 or [ralphballus@yahoo.ca](mailto:ralphballus@yahoo.ca)).

All players need permission to skate from their minor hockey system and the junior club from their hometown. Niagara Falls players only need minor hockey permission if 16 or older.

## Riverharks 13th annual Spring dinner

The Chippawa Riverharks 13th Annual Spring Dinner will be held Friday, May 2 at 5:30 p.m. at Our Lady of Peace Hall on Stanley Avenue in

Niagara Falls. For tickets contact Winston Auld (905-354-0745 or [winston.auld@cogecoca.ca](mailto:winston.auld@cogecoca.ca)).

All players need permission to

## READY TO READ

Join us for reading, writing, talking, singing and playing - the five fundamental skills that get children ready to learn.

For Erie Public Library, ages 1.5 and up, \$2 per session. Pre-Registration not required. Fort Erie Public Library, Centennial branch, Tuesdays, 10:30 a.m.; Crystal Ridge branch, Wednesdays, 10:30 a.m.

Proceeds to benefit local animals in need. For more information call Patricia Naylor at 905-871-7493.

## KNITTING

Want to learn to knit or practice knitting? Ages 8-14 years old. Call in partnership with the Bowen Road Women's Institute. All materials are supplied. Fort Erie Public Library Crystal Ridge branch, Thursdays, 6:30 p.m.

## BOWEN ROAD WOMEN'S

Institute meets third Thursday of the month at People's Memorial Church, Ridgeway, at 7 p.m.

## WRITERS' GROUP

Fort Erie Public Library author Derek Clendenning offers tips and advice to writers of all ages, teen through senior. Bring your work and bring your questions. Free. First Wednesday of every month, 6:30 p.m., Centennial.

## GROCERY STORE TOURS

Discover how to make healthy food choices, read labels and shop on a budget. Offered by Bridges Centre Fort Erie. Tours will be schedules based on expressed interest. Call 905-871-7621 for more information.

## BORN TO READ

For babies newborn through those about to take their first steps and their parents or caregiver. Books, rhymes, music, movement, book sharing and more. Participants should bring a small blanket and toy. \$2 per session. Pre-registration not required. Fort Erie Public Library Centennial branch. Thursdays, 1:30 p.m.

## BRAIN EMPOWERING

Team support group for individuals with chronic health conditions, survivors of stroke, those with neurological impairments and volunteers. Weekly meetings in Fort Erie. Include speakers reading about health issues and discussions. New members welcome. Call 905-871-7510 or 905-871-3948.

## NIAGARA ACTION

For Animals Bazaar every Saturday and Sunday and statutory holiday from 9 a.m. to 6 p.m. at the County Fair Mall.

## LAKEVIEW Spider Control

Specializing in control of Spiders • Wasps • Bees

Voted Fort Erie's Finest 2013

Mike Smith 905-871-2902  
For Erie  
email: [lakeviewspider@rogers.ca](mailto:lakeviewspider@rogers.ca)

## ROYAL CANADIAN LEGION BRANCH 71, FORT ERIE

### May 2014 Calendar

**Saturday, May 3rd**  
Kentucky Derby Day  
4:30pm - 6:30pm Race 6:00pm  
**Sunday, May 4th**  
Election of Officers at 1:00pm  
**Monday, May 5th**  
General Meeting and Installation of Officers at 7:30pm

### Friday, May 9th

Karaoke Chics 7:00pm - 11:00pm

**Wednesday, May 14th**  
"Cabbage Roll Dinner  
4:00pm - 6:00pm Cost \$11

**Tuesday, May 20th**  
Veterans Affairs 9:30am - ?

**Friday, May 23rd**  
Karaoke Chics 7:00pm - 11:00pm

**Sunday, June 1st**  
Decoration Day at 2pm

Commemorate the 70th Anniversary of D-Day  
75th - Start of World War II  
100th - Start of World War I  
200th - Treaty of Ghent  
Service to take place at the Legion Cenataugh

**Fish Fry** EVERY Friday 3:30pm - 6:30pm  
Takeout Available call 905-871-9711

130 Garrison Road, Fort Erie  
Phone: 905-871-9566 for more information.



Riverside Community Church

[www.riversidecommunityfc.com](http://www.riversidecommunityfc.com)

Sunday Services  
9:00am & 10:45am



**BERTIE CHURCH**  
5244 Highway #3, Sherkston

**Pastor Andrew Doherty**  
(905-382-6530)

Sundays at 11:00 am

Call to reserve your church listings each week

**905-871-3100 ext. 202**

## HIS SIGNATURE SINGERS IN CONCERT

**Sunday, May 4th  
at 6:30 p.m.**

**Main Street Baptist,  
Niagara Falls**



### WEIGHT LOSS ON YOUR TERMS

Obesity has been linked to a variety of health problems, and it seems that improving hearing is the latest. Analysis of health data of 65,000 women participating in the Harvard Nurses' Health Study suggests that among other risk factors, women with a higher body mass index, linked to hearing loss. Researchers found that women who were obese (defined as having BMIs between 30 and 39) were 27 percent to 22 percent more likely to develop hearing loss than women with a BMI of 25. (Body Mass Index, or BMI, is a measurement of body fat based on a ratio of height and weight.) Fortunately, researchers also found that weight loss seems to mitigate the hearing loss associated with obesity.

Hearing loss can manifest in different ways. Depending on the degree or severity of the hearing loss, symptoms can range from difficulty understanding a word to problems communicating with others. For more information on how to prevent obesity and to learn more, call **HEAR AGAIN BALANCE & HEARING CLINICS** at 905-871-4242. We are located at 130 Garrison Place, 660 Garrison Rd., Unit 12. We are open M-F, 9am-5pm. Most insurance plans are accepted. Please visit our website at [www.hearagainclinics.com](http://www.hearagainclinics.com)

**P.S.** Obesity and factors caused by obesity may compromise blood flow to the cochlea, which is the auditory portion of the inner ear.

**HearAgain™  
BALANCE & HEARING CLINICS**

Three HearAgain™ Clinics to Serve You:

Niagara Falls 905-354-2775  
St. Catharines 905-684-0100  
Fort Erie 905-671-4242

# Get a taste for nutrition

## Fill up on fibres!

Fruits, vegetables, whole grains and legumes are packed with fibres which provide many benefits for our general health. And this is why it is so important to increase the daily servings of fibres in our diets.

Are fibres neglected in your menus? If the answer is yes here are some tips to whet your appetite and encourage you to eat more fibres on a daily basis.

• Add nuts or fruits to your salads, cereals, muffins, yogurts and other meals.



*Variety is the key to a balanced diet because eating well is our best bet for good health!*

• Consume at least half of your grain servings in the form of whole grains which include wheat, oats, rye, corn, brown and wild rice, huckwheat, barley, triticale and spelt.

• Replace the white flour in your recipes, completely or partially, with whole wheat flour.

• Try rice as well as pasta and couscous made with whole wheat.

• Eat at least five servings of fruits and vegetables every day.

• Choose, bread, bagels, pita bread or tortillas made with whole grain or wheat.

• Avoid peeling the skin or the peel from fruits and vegetables if possible and always choose these fresh products over juices.

• Check package labels in order to select products which give a high source of fibre, i.e. four or more grams per serving.



## Rainbow coloured groceries are in!

With the slogan "Eat Well, Live Well!", the Dietitians of Canada, in partnership with the Canadian Diabetes Association, have created a virtual shopping tour through their on-line grocery store. Now you can assess the nutritional value of your shopping cart.

By visiting their Virtual Grocery Store you will learn how to interpret the nutritional information on packaged food labels in order to make healthy and informed choices. The different sections in this grocery store are designed in the same way as a regular grocery store and include sensible tips and advice. For example, did you know that the layout of a store encourages the purchase of certain articles? Products placed at eye level are seen as more important and which have a sign saying "special" or "reduced" and arranged on display cases at the ends of aisles can actually cost more than similar products on the shelves. Articles such as magazines and candies are always displayed near the checkouts with the aim of encouraging impulsive purchases.

A trip to the grocery store will always be more advantageous if we respect the grocery list which we made beforehand, while keeping our eyes open for real bargains. Choosing house brands, which are usually cheaper while providing the same nutritional value, is also a good tactic. To find out if you're an expert in healthy shopping go to the EATracker on the Dietitians of Canada Web site at [www.dietitians.ca](http://www.dietitians.ca).

*Making healthy choices for a healthy diet: an idea full of good taste.*



## Gluten-free diets: ways to meet the challenge

In theory, a gluten-free diet may appear simple, but in practice it certainly isn't. Gluten, the general term for stored proteins, is present in a multitude of food products and comes in many different forms, which can make it very difficult to detect.

Initially, following a gluten-free diet may be frustrating. But with time, patience and creativity, you'll find there are many foods that you can eat and enjoy.

To manage celiac disease and prevent complications, it's crucial that you avoid all foods that contain gluten. So foods and food ingredients made from many grains including rice, oats, wheat, barley and triticale must be avoided.

People who are gluten intolerant must follow a strict diet which consists of permanently eliminating all products containing this protein. The list includes numerous breads and desserts, pasta as well as several types of soups, soups, cold cuts and breakfast cereals. This means that food labels must be read very carefully to detect anything which might indicate the presence of gluten.

The good news is that there is a variety of foods which are naturally gluten-free, including rice, corn, potato, legumes, fish, poultry, eggs, nuts, almonds and milk. To obtain a complete list of which foods you can and can't eat, visit the Web site of the Canadian Celiac Association at [www.celiac.ca](http://www.celiac.ca).



*There is a variety of foods which are naturally gluten-free.*

forterie  
times  
ca

# Classifieds

[forterietimes.ca/classifieds](http://forterietimes.ca/classifieds)

Phone: 1-866-541-6757 • Fax: 1-866-485-8461 • Email: [forterietimes.classifieds@sunmedia.ca](mailto:forterietimes.classifieds@sunmedia.ca)

**Miscellaneous** **Miscellaneous**

**BARGAIN PRICES**  
Used: Furniture, Appliances, clothing, linens & household items  
We pick up usable furniture every Saturday  
St. Vincent De Paul  
36 Jarvis St. 905-871-0203

**Building Supplies**

**STEEL BUILDINGS / METAL BUILDINGS**  
1000's of sizes & types  
30x40, 40x60, 50x60,  
60x100, 80x100 self  
storage units  
Call: 1-800-475-2206  
www.crownsteel.ca  
buildings.ca

**Rain or Shine**  
Lawn Sale  
3393 Americana E.  
April 26th  
8am - 2pm  
Furniture, col-  
lectibles, houses & much more

**Garage Sales** **Flea Markets**

**Apartments**

**AVAILABLE NOW**  
2BR UPPER level apt  
in Stevensville  
Utilities & Appliances  
inc. Generator Rd. Fort  
 Erie, ON L2A 1L2  
\$765.00 plus HST  
92 Albert, upper 2  
bdrm, \$675 plus gas &  
elec. Avail April 1  
2nd floor, 1st floor  
1st/last. 905-871-2020

**HILLVIEW APARTS**  
2 BDRM APT  
In Ridgeway  
Quiet, safe, family living.  
From \$750/m  
Petrol (905)991-3306

**Crescent Park**  
2 bedroom, upper.  
North end. Ft Erie.  
Petrol. 905-382-6406

**RIDGEWAY** area, one  
bedroom, with den,  
nr. main street. \$675 per  
month. Utilities and  
AC. Available. immed.  
Petrol (905)991-7529

**Crescent Park**  
1 bedroom, 1 bath.  
Nica, quiet & nicely  
furnished. Laundry  
available. Petrol  
\$750.00. Petrol. R.R.  
929-228-4265

**FOFT ERIE** 2 bed rooms,  
1 bath, 1 car garage.  
Lakeshore Rd. 1st \$800.00. F.R.  
995-671-0605.

**Cottage/Chalets** **Seasonal Rentals**

**SUMMER COTTAGE**  
Crystal Beach  
1-715-228-3237

**Business** **directory**

**Gardening** **Landscaping Services**

**LAWN ROLLING**  
Book now! Fort Erie  
area only. Call Bob Weaver  
519-833-1111

**Renovations**

**BATHTRU & TILE**  
Refinishing  
Special  
Save \$1000's  
on your  
remodeling  
like  
New Bathru. Resur  
305591-0668

**Employment**

**SPRING CLEANUPS**  
Yard work, clean  
rugs, old jobs,  
etc. Call  
361-9000

**STUDENTS** wanted  
Ft Erie Summer em-  
ployment, Mon - Thu,  
10 hour shifts, days or  
nights, \$10.00 per hour.  
Sun, off light shifts  
work. Must have some  
experience with tools  
or boats. Apply on-line to  
www.employment.ca

**General Help** **General Help** **General Help**

**General Help** **General Help** **General Help**

**Skilled Trades** **& Construction**

**Skilled Trades** **& Construction**

**Skilled Trades** **& Construction**

**BERTIE TIRE**  
CENTRE LTD.

We are currently seeking a  
Certified Class "A" Mechanic  
for a full time position in our high volume service  
department. Must have strong diagnostic skills.  
Ontario Drive Clear experience preferred. Ozone  
Depletion ticket & valid Ontario driver's license  
are required. Diesel engine experience would be  
an asset. Resumes should be mailed to  
mgr@bertietire.com or delivered in person to Mike  
Gummert Jr. at 2776 Stevensville Rd., Stevensville.

**BERTIE TIRE**  
CENTRE LTD.

We are currently seeking a  
Commercial Tire &  
Wheel Technician  
Now accepting application for a licensed Heavy  
Duty Tire Technician. Full time position, wages  
determined on experience. Valid driver experience  
required. Apply in person to Bertie Tire Centre  
2776 Stevensville Rd. Stevensville

**HEY**  
**EVERYONE:**  
**IT'S TIME FOR**  
**DISCOVER**  
**FORT ERIE**  
**2014**

**Discover Fort Erie**

Discover Fort Erie is a community initiative to  
attract visitors, tourists and  
newcomers to greater Fort Erie.  
Visit us online at  
[www.discoverforterie.com](http://www.discoverforterie.com)

**Get your ads booked now.**  
**Over 15000 distributed.**

**Call your representative now.**  
**905-871-3100**  
Myra, Sara, Jeff or Irene

**OPEN HOUSE SUNDAY 2-4PM**

**423 PARKDALE AVENUE, FT. ERIE**

**\$150,000 - NEW PRICE!** Great  
Crescent Park Location! One block  
from natural trail, short walk to the  
beach. Beautifully manicured grounds  
with private deck in the rear. Large  
patio/picnic off kitchen. Garage is used  
as work shop. Lots of storage. Something  
for the whole family. Call  
TOM DAVIDS at 905-851-7475 or  
<http://www.teamdavids.com>

**Meet**  
**Cindy Williamson**  
Sales Representative  
**Team Davids**

**RE/MAX**  
Gatineau City Area Brokerage  
**905-641-1110**

**EXTRA...**  
**EXTRA...**  
**Classified**  
**Value!**



### Marking your milestones.

#### Coming Events

#### ROAST BEEF DINNER

St. John's Stevensville United Church  
14789 Sodin Road, Snyder  
Saturday, May 10th  
Two Sittings 5:00pm & 6:30pm  
Adults \$12 Children under 12 \$5  
For Tickets call 905-382-3388

#### Rummage & Bake Sale

Sat. April 26th 2014 9am - noon  
Winnipeg Road, 500' south of Ridge Road, Ridgeway (between Hwy 3 & Dominion).  
White elephant, clothing, many unusual items! Coffees, muffins & soup available.  
Proceeds to Mission Projects.

#### RUMMAGE SALE

Sat. April 26th 8am - 12pm  
People's Memorial United Church  
Corner of Dominion & Ridge Rds.,  
Ridgeway

#### Thank You Notes

#### Thank You Notes



Thanks to family & friends for attending our 50th Anniversary party. We appreciated all the lovely cards, gifts & the buffet.  
John & Dorothy Marr

#### Obituaries

#### Obituaries

### A Memorial Isn't About A Life Past

It's about a life shared, a life celebrated  
a life honoured for generations



VISIT US TODAY AND SEE WHY ONLY WE CAN OFFER GUARANTEED QUALITY  
THROUGH THE STRONGEST MOST COMPREHENSIVE PERPETUAL WARRANTY OFFERED.

1267 Garrison Road • 905-871-5558  
(Near Petit Rd.)

Celebrating 85 Years  
**KIRKPATRICK**  
STOREWORKS

#### Obituaries

#### Obituaries

**HESSER, Clayton** - Friends are reminded and invited to remember a beloved husband, father, grandfather, great grandfather and great, great grandfather and friend at Old Ridgeway Cemetery (Fair Ave. and S. Mill St.) on Saturday April 26th, at 11 o'clock. Interment will be followed by a luncheon at WILLIAMS FUNERAL SERVICES 722 Ridge Rd. N in Ridgeway.

#### MARALDO, Richard Anthony

Richard passed away suddenly at home on Sunday April 20th, 2014. Loving husband of Sharon. Proud father of Shanna (Derek) McCullum, Tamara (Mark) Maraldo and Jaime (Chris) Maraldo. Cherished grandfather of Bailey, Connor, Ethan, Josh and Chazz. Sadly missed by his brother Frank (Eleanor) and his many nieces, nephews and cousins. "Chris" was predeceased by his brother James and friends. Predeceased by his brother James and sisters Angela and Carol. BENNER FUNERAL SERVICES, 1105 Benne Ave., Fort Erie entrusted with arrangements. The family will receive friends on Saturday April 26th from 10:00am until 12:00pm in the Chapel at 1 o'clock. Cremation will follow. If so desired, donations to the Fort Erie S.P.C.A. or the Heart and Stroke Foundation would be appreciated by the family.

#### Obituaries

#### Obituaries



### For Obituaries call:

**1-877-750-5054**

Fax: 1-866-495-8461

e-mail: obituaries@yourlifemoments.ca

### All other moments call:

**1-888-786-7821**

Fax: 1-866-577-0227

e-mail: milestones.sum@yourlifemoments.ca

#### Obituaries | In Memoriam | Thanks | Births | Celebrations | More

#### Obituaries

#### Obituaries



**McKee, G. "Carol"** - It is with great sadness that we announce the passing of Carol at the age of 68. Carol was surrounded by her family and friends at the Welland General Hospital on April 13, 2014 and will be sadly missed by all. Cremation has taken place as Carol had requested and a service will be held at a later date. Donations in memory of Carol are welcomed and will go to St. Andrew's Knox Presbyterian Church on Highland Ave. in Fort Erie. Funeral arrangements will be made by Niagara Funeral Alternatives 905-894-0100

#### In Memorials

#### In Memorials



#### Michael Cooper

In loving memory of a dear brother and Uncle who passed away April 25, 2012.

I thought you would like to see, so I never find my way. And when I hear the Angels say "He's with you every day". The sun, the moon, the wind, the stars will forever be around, reminding you of the love you shared and the peace he has finally found.

Sadly missed, forever loved always,  
your sister Amy, your  
niece, Jenna, Kayla, Destiny

P.S. Happy Birthday - April 27th!

#### Doug Reaman

In loving memory of a dear Father, Grandfather and Great Grandfather who passed away April 24, 2005.

No matter how life changes  
No matter what we do  
A special place within our hearts  
Is always kept for you.

Lovingly remembered by  
Judy, Ron, Alesha, Ty and Carter



Remember... on

*yourlifemoments.ca*



You can now publish your obituaries  
and in memoriams online.



## Marking your milestones.

Obituaries

Obituaries

Obituaries

Obituaries



**PRING, Marion** - March 17, 1928 - April 21, 2014 - Passed away peacefully in her sleep at the Douglas Memorial Hospital after a long and courageous battle. Beloved wife of the late Norman Pring (2011). Dear loving mother of Rebecca (Scott), Jane (Brian) and the late Murray (1980). Cherished grandmother of Karen (Matthew), Matthew (Susan), Stephen and Brittan. Adored great grandmother of Brielle and Raya and step great grandmother to Sarah and Michael. Also survived by her extended family Valerie and Connie. Predeceased by parents Alvin and Anna. Step mother Dot Woeni and as well as brothers Glenn (Jacqueline) Woeni, Lloyd (Midge) Spear, Kenneth Woeni and Raymond (Virginia) Spear. Marion was a graduate of Hamilton General Hospital. Registered Nurse of 1949. Marion will be remembered as a Registered Nurse at the Douglas Memorial Hospital, the Fort Erie Racecourse and Horizon Chicago Bridge and Iron. Marion volunteered at the Douglas Memorial Hospital, retiring after 20 years for several years. At Marion's Request, **BENNER FUNERAL SERVICES** for Erie entrusted with Private Family arrangements. If so desired, memorial donations to St. Paul's Anglican Church Fort Erie, 1000 Lakeshore, Cambridge at Douglas Memorial Hospital would be appreciated by the family. The family would like to thank Dr. Kim Schre and the entire nursing staff at the Douglas Memorial Hospital for their dedicated care. We would also like to thank the entire staff at the Garrison Plaza, Fort Erie for all their love and support.

**www.williamsfuneralservices.ca**



**SIMMS, Norbert Joseph** - Passed away suddenly at Hamilton General Hospital on Tuesday April 15th, 2014. He was in his 87th year. Beloved husband of Donna Simms for 56 years. Loving father of Joanne Simms Molina and Stephen Simpkins. Dear brother of the late John, Carlene, Maxwell and Curtis. Dear brother of Ronald Simms (Tootsie). Born in New Waterford, Nova Scotia. Norbert was blessed and privileged with a long retirement as an electrician from General Motors and spent his time enjoying his hobbies and the home, making the Toronto Blue Jays.

**WILLIAMS FUNERAL SERVICES**, 722 Ridge Rd. N., Ridgeway entrusted with arrangements. Cremation will be followed by a memorial mass at St. Joseph's Church, 3737 10th Street, Rose, Snyders on Saturday April 26th at 2 o'clock. Rite of Committal will follow at St. Joseph's Cemetery. In lieu of flowers, donations may be made to the Autism Society, Niagara Chapter in his memory. On-line condolences at [www.williamsfuneralservices.ca](http://www.williamsfuneralservices.ca)

Obituaries

Obituaries

Obituaries

Obituaries

Obituaries

All other moments call:

**1-877-750-5054**

Fax: 1-866-495-8461

e-mail: [obituaries@yourlifemoments.ca](mailto:obituaries@yourlifemoments.ca)**1-888-786-7821**

Fax: 1-866-757-0227

e-mail: [milestones.sun@yourlifemoments.ca](mailto:milestones.sun@yourlifemoments.ca)

Obituaries | In Memoriam | Thanks | Births | Celebrations | More

*Niagara**Funeral Alternatives Inc.*

Cremations and Burials

**Remembrance Takes Thought,  
Not Expense**

Jerome J. O'Charchin, Funeral Director

905-894-0120

341 Ridge Road • Ridgeway • ON • L0S 1N0

In Memoriams

In Memoriams

**Carlos Mejia**

In loving memory of our dear son, who passed away 2 years ago, April 28, 2012.

*I Am the Gentle Autumn's Rain  
Do not stand at my grave and weep  
It only伤 my spirit  
I am a thousand winds that blow  
I am the diamond glints on the snow  
I am the soft rain in the great green plain  
I am the gentle Autumn's rain  
When you awaken in the morning hush  
You do not feel the warmth I leave  
Of quiet dreams in a calm night  
I am the soft stars that shine at night  
Do not stand at my grave and cry  
I am not there, I do not die  
Forever loved and remembered  
Jorge, Maria, Oscar and Melissa Mejia*

**GRIEF RECOVERY**

Conducted by

Cathy Fraser and Cheryl Bailey  
Certified Grief Recovery® Specialists

In conjunction with

*Benner Funeral Services and Williams Funeral Services*

Whether your sense of loss is from a

\* Death

\* Relationship

\* Trust

\* Or other significant emotional loss

Dates for this FREE program:

5 Consecutive Thursday Evenings:

April 24<sup>th</sup>May 1<sup>st</sup>, 8<sup>th</sup>, 15<sup>th</sup>, 22<sup>nd</sup>

6:30 - 8:30 p.m.

Heled at Maple Park Lodge

6 Hagey St. Fort Erie

For further information, or to register, please call

(905) 894-1161 or (905) 871-0444

Endorsed by and affiliated with The Grief Recovery Institute.  
The Grief Recovery Institute is a registered trademark of Grief Recovery Inc.

**Roy L. Howard**  
December 15, 1952 to April 2013

We miss you so very much and we want you to know that we will never let you be taken away from us so suddenly. We all love you and think of your journey to another plane in life and death.

Always,  
Sheri-Dawn, Jamie,  
Christopher,  
David-Ed, Jon-Lyn,  
Alyssia  
and Zachariah.



*A Loving Tribute*

**Doug Eade**

November 27, 1947 - April 28, 2013

One year ago today I lost my beloved husband, best friend and soul mate. With the help of family and friends, I have made it through. My heart aches with you when you took your last breath. I love you so much. I miss you so much.

Love forever,  
Jan

# NIAGARA FOOD & WINE EXPO

MAY 2-4, 2014 • SCOTIABANK CONVENTION CENTRE  
FRI 2-10 • SAT 12-10 • SUN 12-6

## TAKE THIS NIAGARA!



### SAMPLE FROM HUNDREDS OF WINES, BEERS & SPIRITS

- Enjoy Incredible Local Cuisine • Complimentary Chef Demonstrations
- All You Need Is Cheese Stage • Interactive Tasting Stage
- Marriott Hotel Packages from \$169 • Live Entertainment • Niagara's Best Night Out!

**COME EARLY!**  
1000 SWAG BAGS DAILY

BUY TICKETS NOW ONLY \$12 ONLINE WITH PROMO CODE NIAGARA  
[niagarafoodandwine.ca](http://niagarafoodandwine.ca)



Canadian  
Food & Wine  
Institute  
AT NIAGARA COLLEGE

MARRIOTT  
NIAGARA FALLS

VINES  
MAGAZINE

NEWSTALK  
610  
97.1  
106.7  
GKTS

97.1  
106.7  
GKTS

SUN MEDIA

Must be 19 or older, no children, no infants.



**FONTHILL**

111 #20 EAST  
(across from Sobeys)

**905 892.9054**

**PORT COLBORNE**

101 CLARENCE STREET  
(across from Food Basics)

**905 835.9806**

**Customer  
Appreciation Day**  
FIRST WEDNESDAY OF  
EVERY MONTH  
Open Late until 7PM



Vegetarian

# GARCINIA CAMBOGIA

Our  
Product  
Contains  
60% HCA\*

Supports Weight Management\*

Contains Black Pepper Extract  
for Absorption\*

No Binders, Fillers or Excipients

800 mg Per Serving!



Vegetarian

**GARCINA CAMBOGIA**

**\$300  
OFF**

The Healthy  
Cupboard

WITH COUPON  
EXPIRES MAY 10TH, 2014

**The Healthy  
Cupboard**

SIGN UP FOR OUR  
NEWSLETTER AT  
[www.healthycupboard.ca](http://www.healthycupboard.ca)



**Tanya &  
Ian Birrell**  
Owners of  
The Healthy Cupboard

[www.healthycupboard.ca](http://www.healthycupboard.ca) • [healthycupboard@gmail.com](mailto:healthycupboard@gmail.com)

**TWO LOCATIONS!**

**FONTHILL**

111 #20 EAST  
(across from Sobeys)

**PORT COLBORNE**

101 CLARENCE STREET  
(across from Food Basics)

**905 892.9054 905 835.9806**



# Canada's Spring Store

5 Pack Recyclable  
Brown Paper Leaf Bags

#42-8722-8

**\$1.99**

## GARDEN CLEAN UP

### Troy-Bilt Clog Free Rake



**SALE  
\$19.99**

**SAVE  
20%**

Reg \$24.99

Yardworks 6 cu. ft. EZ  
Pour Wheelbarrow



**SALE  
\$99.99**

**SAVE  
16%**

Reg \$119.99

### Troy-Bilt ProGrade Leaf Rake



**SALE  
\$15.99**

**SAVE  
20%**

Reg \$19.99

Yardworks 6 cu. ft.  
2-Wheeled Wheelbarrow



**SALE  
\$99.99**

**SAVE  
28%**

Reg \$139.99

### Yardworks Pro Fibreglass Fan Rake



**SALE  
\$19.99**

**SAVE  
20%**

Reg \$24.99

Troy-Bilt 6 cu. ft. Flat  
Free Sport Wheelbarrow



**SALE  
\$99.99**

**SAVE  
28%**

Reg \$139.99

### Steel Leaf Rake



**SALE  
\$19.99**

**SAVE  
20%**

Reg \$24.99

Jobmate 4 cu. ft.  
Wheelbarrow



Reg \$54.99

## LAWN CARE

### Fiskars Deluxe Telescopic Weed Remover



**SALE  
\$31.99**

**SAVE  
20%**

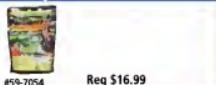
Reg \$39.99

### Yardworks Weed Remover



Reg \$21.99

### Quiky Coated Grass Seed- All Purpose Shade & Sun Mix



Reg \$16.99

### Canada Green® Perfect Grass™, 1.5 kg



Reg \$16.99

### Fiskars Auto-Eject Weeder



**SALE  
\$44.99**

**SAVE  
10%**

Reg \$49.99

### Garant Weeder



**SALE  
\$29.99**

**SAVE  
18%**

Reg \$36.99

### Scotts Pure Premium Sun & Shade Grass Seed, 2 kg



Reg \$27.99

### Scotts Pure Premium Sun & Shade Grass Seed, 5 kg



Reg \$39.99

### Scotts Turf Builder EZ Seed, 1.71 kg



Reg \$19.99

### CIL Golfgreen 1-Step Touch Up, 2-kg



Reg \$19.99

### CIL Golfgreen 1-Step Lawn Makeover, 8.2-kg



Reg \$39.99

### Scotts Turf Builder EZ Seed, 4.5 kg



Reg \$39.99

\*Product May Vary By Store\*



# Canada's Spring Store

## WEED EATERS / TRIMMERS

5 Pack Recyclable  
Brown Paper Leaf Bags

#42 3722-8

**\$1.99**

Troy-Bilt 4-Cycle  
Curved Grass  
Trimmer, 29 CC



**4 YEAR  
WARRANTY**  
**SAVE  
15%**  
**SALE  
\$219.99**  
Reg \$249.99

Troy-Bilt 2-cycle  
Curved Grass  
Trimmer, 27 CC



**4 YEAR  
WARRANTY**  
**SAVE  
16%**  
**SALE  
\$149.99**  
Reg \$179.99

Weed Eater Straight  
Grass Trimmer, 25 CC,  
17-in



**SALE  
\$119.99**  
Reg \$119.99

Weed Eater Curved  
Grass Trimmer, 25 CC,  
16-in



**Reg \$89.99**

Yardworks 25 cc  
Straight Shaft Gas  
Grass Trimmer



**4 YEAR  
WARRANTY**  
**SAVE  
18%**  
**SALE  
\$129.99**  
Reg \$159.99

Yardworks 25 cc  
Curved Shaft Gas  
Grass Trimmer



**4 YEAR  
WARRANTY**  
**SAVE  
23%**  
**SALE  
\$99.99**  
Reg \$129.99

Greenworks 40V  
12-in Cordless  
Grass Trimmer



**4 YEAR  
WARRANTY**  
**SALE  
\$229.99**  
Reg \$229.99

Greenworks 24V  
12-in Cordless  
Grass Trimmer



**4 YEAR  
WARRANTY**  
**SALE  
\$199.99**  
Reg \$199.99

## LAWN MOWERS AND TRACTORS

Troy-Bilt Push Lawn  
Mower, 160 CC



**4 YEAR  
WARRANTY**  
**SAVE  
13%**  
**SALE  
\$329.99**  
Reg \$379.99

Troy-Bilt 160cc Smart  
Speed Lawn Mower



**4 YEAR  
WARRANTY**  
**SAVE  
8%**  
**SALE  
\$499.99**  
Reg \$549.99

Husqvarna 175cc  
3-in-1 22-in All Wheel  
Drive Lawn Mower



**Husqvarna**  
**Reg \$529.99**

Husqvarna 190cc 3-in-1  
21-in Push Lawn Mower



**Husqvarna**  
**Reg \$369.99**

Yardworks 149cc 21-in Self  
Propelled Lawn Mower



**Yardworks**  
**4 YEAR  
WARRANTY**  
**SAVE  
13%**  
**SALE  
\$329.99**  
Reg \$379.99

Yardworks 149cc 3-in-1  
21-in Lawn Mower



**Yardworks**  
**4 YEAR  
WARRANTY**  
**SAVE  
15%**  
**SALE  
\$269.99**  
Reg \$319.99

Greenworks 40V 16-in  
Cordless Lawn Mower



**4 YEAR  
WARRANTY**  
**SAVE  
11%**  
**SALE  
\$379.99**  
Reg \$429.99

Yardworks 36V 19-in  
Cordless Mower



**4 YEAR  
WARRANTY**  
**SAVE  
17%**  
**SALE  
\$329.99**  
Reg \$399.99

Husqvarna 18.5HP  
42-in Lawn Tractor



**Husqvarna**  
**Reg \$1,899.99**

Troy-Bilt 18 HP / 42-in  
Lawn Tractor



**TROY-BILT**  
**4 YEAR  
WARRANTY**  
**SAVE  
8%**  
**SALE  
\$1,649.99**  
Reg \$1,799.99

Yardworks 15.5HP  
42-in Lawn Tractor



**Yardworks**  
**4 YEAR  
WARRANTY**  
**SAVE  
9%**  
**SALE  
\$1,399.99**  
Reg \$1,549.99

Yard Machines Lawn  
Tractor, 14 HP



**Yard Machines**  
**4 YEAR  
WARRANTY**  
**SAVE  
12%**  
**SALE  
\$1,199.99**  
Reg \$1,399.99

\*Product May Vary By Store\*

GLENDALE AVE.  
ST. CATHARINES  
805-227-7481

WELLAND AVE.  
ST. CATHARINES  
805-688-0488

MCLEOD RD.  
NIAGARA FALLS  
805-356-0161

LONTH ST.  
ST. CATHARINES  
805-682-8275

MONTRÉAL RD.  
NIAGARA FALLS  
805-354-9848

GARRISON RD.  
FORT ERIE  
805-671-1564

WEST 3RD DR.  
PORT COLBINE  
805-685-1155

PRIMERY DRIVE  
WELLAND  
805-782-7501